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METROPIA

Your essential daily news

The General Cemetery of Santiago makes endangered site list. **World**

Stranger picks up salon tab

New Calgarian overwhelmed by random act of kindness

Brodie Thomas Metro | Calgary

Brittany Dennis has only been in Calgary for a few months, but she feels the city is already growing on her.

On Tuesday, she was moved to tears by a stranger who quietly paid for her haircut while she was still in the

It all started after a bad day at work. Dennis said she decided to treat herself to a haircut — her first since moving to the city from Nova Scotia about four months ago.

"I was telling my stylist, Lily, about my day - kind of an off day - and that I was ready for something bold so



Brittany Dennis was going to treat herself with a visit to the hair salon, but someone else treated her instead. Now she wants to send her thanks to the stranger. JENNIFER FRIESEN/FOR METRO

I could feel like me again," said Dennis.

Lilly Ng, a stylist at Artistic Salon on Richmond Road SW,

was just finishing up with a regular client as she spoke with Brittany.

"I think the thing is, he

had overheard her say she had a rough day. So he passed me the fifty dollars and whispered, 'Could you put this towards her haircut because I think she's having a bad

Ng kept his gesture a secret until Dennis was finished her haircut and stepped up to pay.

She said she's never had that happen before, but it doesn't surprise her after talking with the man.

"He's a really nice person. I'm sure it wouldn't be out of his nature," said Ng.

Dennis has no idea who the man was. All she remembers is that he had grey hair. But she wants to get a thank you out to him.

"I don't believe that he realized just how big of an impact this left on me," said

"It didn't just leave a smile on my face, it made my entire day and left me with the confidence to face the world

She said \$50 isn't pocket change, and it felt to her like winning the lottery. She plans to pay the gesture forward in the near future.

No policy for trans

Students who identify as transgendered don't have a clearly defined policy at the Calgary Catholic School District (CCSD), but instead, fall under a broader spectrum policy, a spokesperson

Edmonton's Catholic School Board has been grappling with the issue for months after a sevenyear-old transgender girl wanted to use the girl's bathroom, but was asked to use a gender neutral one. The CCSD pointed Metro to the Life Framework crafted by the Alberta Catholic School Trustees and the Inclusive Communities document on their website, which included anti-bullying policy for sexual minorities.

"Our policies are holistic and compreĥensive," said Jennifer Woo, supervisor of instructional services, religious education and family life. "They focus on the sacredness of the individual and the worth and inclusion of all. So our policies and regulations and our practices are really designed to insure welcoming, caring, respectful and safe environments.'

On Wednesday, Education Minister David Eggen appointed an outside advisor to work with the Catholic school board trustees on passing an inclusive policy to protect gay and transgender students. Eggen said he expects school boards to implement such policies in line with legislation.

Metro asked if the CCSD has any written policy regarding transgender students, and Woo repeated that their policies are holistic and comprehensive.

AARON CHATHA/METRO

Neighbour triggers global support for Bott family

The heartbreaking story of three Albertan girls buried alive in canola seeds Tuesday has triggered an outpouring of support from around the world. And it was Dave Brand who gave them all a way to contribute.

On Wednesday at about 5 p.m. Brand — who lives about a kilometre from the parents of Catie, Jana and Dara Bott, who died Tuesday of suffocation after being buried in a truckload of canola - created a GoFundMe campaign to raise money for the family.

As of press time, the campaign had raised more than \$60,000 in just 24 hours.

"As you can probably imagine,

the family needs much more than money at this point — they need support and lots of other things from the community,' said Brand, whose own two children were friends with Catie, 13, and 11-year-old twins Jana and Dara.

"But there are costs that are going to be incurred and nobody

knows at this point but there's always potential for loss of income," he said.

Perhaps the most touching part of Brand's campaign is the global scope of the response. People from as far off as Australia and New Zealand have looked at the site, Brand said, and people from Europe and the U.S. have

donated. Brand said he intends to keep the campaign going as long as donations pour in — he's already had to adjust the money target from its original \$10,000 - and that he hopes to gather all the comments to present to the family, who he considers close friends.

TIM QUERENGESSER/METRO



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Weekly Specials

Word on the street



/ MFTRO

I'd be really hesitant to try **Uber just because** giving a taxi licence to almost anyone in my opinion is a little sketchy. Andrew Blackwell, 20



I had a good experience with it when I was in Toronto this summer, so I'm glad it's finally launching here. Stacey Miguel, 30



It's a win-win situation for the person who needs a ride and the person who's giving a ride. Sameer Sheth, 36



Marc Halat, Calgary's manager of compliance, said the city will ticket drivers in contravention of bylaws. HELEN PIKE/METRO

UberX launch stirs fears of 'Wild West'

What you need to know about city's newest travel choice



Helen **Pike** Metro | Calgary

As many Calgarians are celebrating the launch of a long awaited ride-share platform, the city is hard at work enforcing the bylaws it breaks under the watchful eye of cab drivers.

Uber announced Thursday morning that starting in the afternoon, they would offer their controversial UberX product, a ride-sharing service operating on an app platform. It's said to be at least 30 per cent cheaper than traditional cabs and average drivers pick up passengers with their personal

As of Wednesday the app had over 500 drivers signed up. All passed background checks, have personal insurance and are covered by Uber's "contingent liability insurance" for up to \$5 million.

Mayor Naheed Nenshi came out hard against the launch.

"I am disappointed that they have decided to (enter the Calgary market) without adequate insurance or regulations to protect public safety," read a statement by Naheed Nenshi. He asked citizens and drivers to reconsider before stepping into an Uber car.

The bullies are in town.

Roger Richard

"I strongly suggest that you don't drive for Uber and that you don't use Uber until the insurance and regulatory issues are sorted out. If you drive for Uber, you should be aware that you are breaking the law," his statement read.

Marc Halat, manager of Compliance Services, said the city welcomes new technology, but only under a regulatory framework. Uber drivers could be fined on three separate bylaw infractions.

Local cab companies expect

the city to enforce the bylaws. Rupinder Gill of Calgary United Cabs said he's concerned for his drivers. He said this is their livelihood, and unlike Uber drivers, they don't have

another job to fall back on. "They have to play by the rules," said Gill. "If Uber wants to run they should follow the bylaw...otherwise they should leave us alone."

Roger Richard, owner of Associated Cabs, said things could fall into a "wild west" situation.

"The bullies are in town," said Richard. "Let's face it, they're a discount taxi service and they think they can come in and violate every law,

"If you have a bylaw you can't or you won't enforce, you don't have any laws.'

Cabbies' licences on line

Taxi drivers doing double duty best not be caught by Livery and Transportation bylaw of-

Before the launch on Thursday, Uber officials told reporters there are around 500 drivers signed up to pick up passengers, and some of those drivers happen to also be taxi drivers.

Marc Halat, manager of compliance services with the City of Calgary, said when a review comes around, drivers who already hold a taxi licence could land in hot water if given a

"I'd be disappointed that a driver would put themselves at risk to the enforcement because if you are in breach of any law, whether it's a bylaw, a statute or criminal law, holding a licence subjects you to licence review," said Halat.

The city has said it's enforcing three bylaws, rules that Uber drivers could be breaking, when they pick up and charge passengers. Drivers could be charged between \$1,500 and \$4,500 for breaking the law.

Roger Richard of Associated Cabs went so far as to call those taxi drivers moonlighting for Uber accomplices.

"We follow all the laws bylaws and regulations, so it'd be helping Uber to break the law,' he said. "I think it's a bad situation and people should remember that there's a reason for laws, bylaws and regulation."

Rupinder Gill of Calgary United Cabs said his drivers won't be switching to Uber.

"He's not driving a taxi, he's driving his personal car," said Gill. "Anybody who wants to join Uber has to face the consequences."

Über has promised to protect its drivers, even offering legal aid, to keep them driving on their platform. HELEN PIKE/METRO



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Flu vaccine effectiveness questioned



Simes For Metro | Calgary

Weekend, October 16-18, 2015

As Alberta saw its first flu outbreak this year at a long-term care facility in Edmonton, some are questioning the effectiveness of this year's vaccine.

Last year, a type A influenza (H3N2) — the same strain that was found in the Edmonton facility - proved to be chal-

lenging for the province. The strain mutated, meaning vaccines against H3N2 were virtually ineffective.

There have also been three H3N2 flu outbreaks in B.C. this year — higher than expected.

"These (cases) indicate H3N2 might be the dominant strain again," said Glen Armstrong, a University of Calgary professor in the department of microbiology, immunology and infectious diseases. "But

it's still too early to say that strain will be dominant as the flu season progresses.'

Effectiveness against H3N2 was basically zero per cent last year, he added. He predicted this year's effectiveness against H3N2 is around the 50 per cent mark.

Still, officials with Alberta Health Services told reporters Thursday that people should get flu shots to best protect themselves from the respiratory virus. Vaccinations are open to the public on Oct. 20.

H3N2 is the most difficult strain to maintain match in the vaccine — it's more able to mutate through the season, said Dr. Martin Lavoie, Alberta's deputy chief medical officer of Health.

Alberta Health has enough vaccine supply for 40 per cent of the population. Last year, 29 per cent of Albertans were



Elections Canada hosted a special ballot in post-secondary institutions and friendship centres as a pilot program for the federal election. Mount Royal University and the University of Calgary participated in the pilot. COURTESY GENE BAINES

Special poll a success: Students

PILOT PROJECT

Nearly 42,000 believed to have voted at campuses



Helen Pike Metro | Calgary

Students on the Mount Royal University and University of Calgary campuses were gifted a chance to vote on campus last week, and on all accounts the results were encouraging.

Across Canada it's said by student leaders that nearly 42,000 students voted in the special polls set up at select campus-

es and friendship centres between Oct. 5 and 8.

Metro asked Elections Canada for a breakdown of how many students in Calgary took advantage of the pilot project, which allowed

students to vote outside of their home ridings, but they told Metro they would not have a chance to gather data because of impending advanced polling duties.

'What I've heard from election officials in Calgary is that the polls were very busy and steady," said Elections Canada Calgary spokesperson Leanne

"It's something that's been talked about since last year with student leaders and it finally came to fruition this year," said Romy Garrido, VP external for the University of Calgary Students' Union. "We've wanted something like this for a long time and to see it as a pilot program. It's great, and we're hoping to see it as something permanent for every federal election."

Madina Kanayeva, VP external for Students' Association Mount Royal University (MRU), said the most encouraging thing for them was the fact that students were lining up to vote.

"That of course was huge," Kanayeva said. "It made us really hopeful that people are paying attention to the federal election and they're paying attention to the issues.

Both universities did classroom visits as part of their "get out the vote campaign" and to let students know about the pilot. Garrido said many students

The polls were

very busy

and steady.

Leanne Nyirfa

had questions about where and when they would be able to vote. At MRU Kanayeva said students seemed relieved they wouldn't have to take too much time out of their

days to travel to polling stations in their own areas.

"We're really concerned with first-time voters," Garrido said. "Having that right on campus is just fantastic for us."

Garrido added at the U of C the first day was "dismal" in terms of turnout, but hopes that their attempts to rally students through their own promotional avenues helped get the numbers up.

Garrido said for next time she hopes Elections Canada can do more marketing to try and bring awareness to options











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METRO TALKS SPENCER WILSON

FIND OUT WHAT MAKES THIS LINEMAN TICK AND WHAT HE GETS UP TO ON AND OFF THE FIELD. IN OUR ONGOING LOOK AT PLAYERS, COACHES, STAFF AND FANS OF THIS CITY'S CFL CLUB

> KICKINGIT **ATHOME**

> > **CANDICE WARD FOR METRO**

The good fortune to play professional football for a living — let alone in your hometown — is something that Calgary Stampeders offensive lineman Spencer Wilson doesn't take for granted. Now in his fifth year in the league, Wilson talks with Metro about his path to the CFL and life as a new homeowner.

Second Chance

Wilson began playing football when he was in Grade 5 with the encouragement of his parents and excelled at the sport through his years at Henry Wise Wood High School.

In 2008, Wilson earned a fullride scholarship to Saginaw Valley State University in Michigan but hit a speed bump along the road.

"I had way too much fun there; my blood alcohol level was higher than my GPA so they took my scholarship away," said Wilson.

After Wilson left Michigan, he came back to Calgary where he played for the Calgary Colts of the Prairie Football Conference, where he was a three-time winner of the Keith Evans Trophy presented to the most valuable player on the Colts.

It was the Colts who then introduced him to the Calgary Stampeders — where he has been playing for his entire CFL

"I'm honoured and I am blessed to play for my hometown team - that's very rare," said

"I know the path that I took to get here is different but it did work out for me in the end."

Hidden Talent

During the off seasons, Wilson has held a number of different jobs throughout the years, such as bouncing at a few local nightclubs in the city, working turnaround crew for WestJet, but during the last off season, he dedicated his time to working out and volunteering.

Wilson is the Calgary Stampeders Heart and Stroke ambassador and last off season, he visited over 40 schools with the Jump Rope for Heart crew to teach kids how to lead an active and healthy lifestyle.

And as a true ambassador for the cause, the six-foot-six, 303 pounds offensive lineman even takes part in the skipping routines and has his own signature moves with the rope.

"In the long rope, I would be skipping with my own rope as well — the kids love that," said Wilson.

Wilson knows that being a Calgary Stampeder is a privilege and uses this to bring a positive message about healthy living to the community.

"Kids look up to me, so I should use that (opportunity) when I can," says Wilson.



Wilson made his first official start as a Calgary Stampeder on Aug. 9, 2012, against the Hamilton Tiger-Cats and it was a road trip he will never forget.

"I had a really good game, I got the offensive game ball and I was on top of the world," says

The next morning the team boarded their WestJet flight home and that is when Wilson met his current girlfriend Maryse Dazé.

"I picked her up on my flight and I gave her my phone number on my boarding card," said Wilson.

"We went out for a date the next night and we've been together ever since."

The two have recently moved into their first home — purchased together — that they bought off teammate Randy Chevrier.

Wilson says he receives nothing but support from Dazé as she has her own busy schedule and career at Alpine Canada.

After Football

Like all professional athletes, there will come a time when it is time to call it quits. For Wilson, he is still figuring out what he would like to do.

"This is the big question for me," says Wilson.

"I want to be a firefighter; that's probably in the front running right now. I like working with my hands but I know there's not money in woodwork-

But for now, Wilson's mind is focused on this season and this weekend's upcoming game against Toronto.

🛟 LIGHTNING ROUND

- 1. Favourite sport other than football - to watch? Ruaby
- 2. What do you love to talk about, but no one ever asks vou about? Call of Duty
- 3. Your all-time favourite Stampeder (past or present): Jeff Pilon
- 4. Favourite Calgary hangout: I am pretty much a homebody
- 5. What's your ideal vacation? Somewhere warm where I can go and explore

- 6. If we turned on your iPod. what would be playing? Alternative mostly
- 7. What movie could you watch over and over again? Remember the Titans
- 8. Bucket-list item you are dying to cross off? Travel more
- 9. Beer or wine?
- 10. If you never became a football player, what would vou have become?

I would be working at Enmax



Calgary Stampeders offensive lineman Spencer Wilson whips up lunch for himself and roommate/teammate Shane Bergman (not pictured) in his new home. candice ward/for metro

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Artists take up songwriting challenge

Musicians have one week to make new tune



From being the only boy at an allgirls summer camp to suffering through callouses when learning

to play Dust in the Wind on guitar, Steve Pineo has never been afraid of a challenge.

The Calgary musician has been playing for the past 30 years, having long-since graduated from Kansas covers — and he's just taken on another feat. This fall, he's joined in The Acoustic Guitar Project, an artist collective across the globe that gives singer/ songwriters one week to write one song on one guitar.

"I agreed to (the project) sight-

unseen, and then I realized after I took it on that I have a lot going on, so my song-writing hours are a lot more limited," said Pineo.

"I think that's why I did it, I don't mind a challenge. And if you start saying no to challenges, sooner or later that will come back to haunt you."

This is the second year the project has been in Calgary, but the tradition began in New York in 2012 under Dave Adams. Since then, it's already made its way to

40 other cities including Bogota, Barcelona and Helsinki.

Five Calgary artists will have their seven-day bout with the fold-up Voyage-Air Guitar over the next two months, and on Nov. 29, they'll present all the songs at the final concert at the Gallery House Concerts Society.

"I don't know if people are going to be inspired by this particular guitar," he said. "I'm curious to see what they come up with ... because it could be anything."



Steve Pineo was the first artist to write an original song for The Acoustic Guitar Project. His work will be revealed at the Gallery House Concerts Society show on Nov. 29. JENNIFER FRIESEN/FOR METRO

TRANSIT UNION

Campaign launched to fight driver abuse



Helen **Pike** Metro | Calgary

The Amalgamated Transit Union Local 583, which represents transit operators in Calgary, has launched a campaign to curb driver abuse.

Since April 2014, 80 cases of assaults were reported by operators on Calgary Transit. Rick Ratcliff, union president, said that could range anywhere from verbal abuse, getting soda or coffee poured on them or even a closed fist.

"The most of our ridership don't think to do that. We're just hoping that they recognize that there are people like that out there," said Ratcliff.

He said the campaign will consist of posters and billboards with the slogan "be an easy rider." They will run on transit shelters and problem routes 1, 24 and 72/73.

Although the cases of serious assaults are "believed to be low" according to the union, there is potential for serious attacks to occur. Ratcliff said anecdotally they are hearing more concern over these incidents, which

along with their research, contributed to the need for a campaign.

"I can honestly say with the rise in population there would be a proportionate increase in assaults towards the operators," Ratcliff said. "Eighty assaults happened on 46 different routes, that's like a third of the routing in the City of Calgary.'

The assaults happen on buses and shuttle buses, but less often per capita on LRT lines.

He said they are planning a meeting with the city to discuss how to prevent abuse in the future and hope the campaign can spread awareness to riders.



Over 14 months, 80 cases of assault were reported within Calgary Transit. CONTRIBUTED

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Contact: Jackie Ellice: Leanne Baines: Daniella Eggink

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FEDERAL ELECTION

Many agree all signs are pointing to big changes in city



Lucie **Edwardson** Metro | Calgary

Local experts agree that Canadians can expect things to change following Monday's federal election.

Duane Bratt, chair and professor of the department of policy studies at Mount Royal University, said a minority government is on the horizon for Canada.

"I don't think there is any doubt that we're going to have a minority government," he said. "And it may not be the party that finishes first in the election either."

Bratt said he believes the Liberals or the Conservatives will win the most seats, but said he isn't so sure how that will translate into the



Canadians head to the polls October 19. JENNIFER FRIESEN/METRO

government.

"All I can say is that there will be a battle for first place between the Liberals and the Conservatives," he said. "The conservatives could finish first and could be toppled by a non-confidence vote by some kind of deal between the Liberals and the NDPs.'

Melanee Thomas, assistant professor in the department of political science at the University of Calgary, echoed Bratt's thoughts.

"The only prediction I will make is that I would be stunned if we had anything

I would be stunned if we had anything other than a minority government on Monday.

Melanee Thomas

other than a minority parliament on Monday," she said.

"It comes down to geography, so because parties need to concentrate geographic support to win, we don't necessarily see one party that has enough support where the odds are good enough and concentrated in enough areas to net a majority parliament.

Bratt said if his predictions about Monday's election are correct this will mean big changes in Calgary.

"All signs are pointing to at least one, possibly as many as three Liberal seats in Calgary, so I think the days of fortress Calgary for the Conservatives are over," he said.



DISCUSSION

U of C students' union at 'impasse' over Mac Hall ownership debate

The University of Calgary is not prepared to talk Mac Hall ownership, but that's all the students' union wants to discuss.

The discussion on what to do in December when the License of Occupation, Operating and Management Agreement (LOOMA) runs out has been a hot button issue between the university and union for years, but in the weeks past, back and forth correspondence has come to a head.

Last week, the university issued a public response to the students' union stating they're open to discussions on LOOMA, but are "not prepared to enter into negotiations with the SU relating to the legal ownership of Mac Hall.

The union issued a letter Thursday that stated they are now "at an impasse."

The SU cannot enter into any further agreements on Mac Hall until a shared understanding on ownership is reached," read the letter from union president Levi Nilson, METRO





READYSETFIAT

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ONLINE STUDY

Survey asks what men need for well-being



Jeremy Simes For Metro | Calgary

Through a new anonymous online survey, the University of Calgary's Liza Lorenzetti is hoping to figure out what men need to build and sustain healthy relationships and their personal well-being.

So, she's asking men or menidentified persons who are over 18 years old to take the Alberta Men's Survey.

"We are exploring ways to prevent violence from taking place," said Lorenzetti, community organizer, and PhD candidate in the faculty of social work.

Although extremely preliminary, she said the survey suggests men don't know where to go when they're experiencing personal and family



We are exploring ways to prevent violence from taking

-Liza Lorenzetti, University of Calgary

"Men who are mandated by courts get lots of support," she said.

"But what about those who are looking for support and guidance early?" she asked.

"Primary prevention is really

on the radar - we need to expand this conversation."

She said other early findings show men say their emotional well-being and having healthy relationships is extremely im-

Go ahead just be silly

Don't mock me for colouring or going to a waterpark



Earlier this week Metro Calgary featured its first adult colouring page.

The editor of the paper, who I'm contractually obligated to say is a really great guy, undoubtedly got a few eye rolls for publishing a colouring page for adults.

It's the same eye roll I've been getting for weeks as the popularity in these books continues to grow. I got my first colouring book, called Colour Me to Calm, earlier this summer and I've been addicted ever since. What happened in my life that I forgot how fun colouring can be?

Is it silly to see grownups colouring? Sure. But there's way worse things we could be doing. And truth be told, it's fun. Since I start colouring again, I've been doing it everywhere. Coffee shops, airplanes, boring plays, etc.

The fact of that matter is we seem to reach a point in our lives where we just can't let people be happy. We have to weigh in, we have to tell why what someone is doing isn't cool, but really, who cares? Just because things like social media have given us a licence to have an opinion on everything, it doesn't mean we have to weigh in.

It's OK to just let people have fun, even if you think



Metro's colouring contest.

they look silly.

The same thing happened a few weeks ago when I went to the water park at West Edmonton Mall. I try to go once a year and it's always so much fun. And without fail, people teased me on social media. It doesn't bother me, because I know they're missing out. Did you guys know they have a waterslide that goes upside down now? Are we so cynical that an entire indoor waterpark isn't fun anymore? If growing up means that I can't spend hours in a waterpark by myself, then I don't ever want to grow up.

And can we all stop making fun of people for using selfie-sticks? Most of the reason I use mine is because after years of asking you to take a photo for me, they've finally invented something that lets me avoid bugging you for a photo. That should make you happy. But nope, the selfie-stick has become a lightning rod for mockery. But as someone who's been using one for years and gives them as gifts at almost every opportunity, I'm telling you that yet again, you're missing out.

MIKE MORRISON TWEETS FROM @MIKESBLOGGITY.

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NOTICE OF HEARING FOR Permanent Guardianship Order To Rebecca Morray

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A Director, under the Child, Youth and Family Enhancement Act will make an application for: Permanent Guardianship Order; of your children born on January 5, 2008 and July 13, 2004. If you wish to speak to this matter in court, you MUST appear in court on this date. You do have the right to be represented by a lawyer. If you do not attend in person or by a lawyer, an Order may be

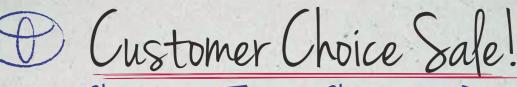
made in your absence and the Judge may make a different Order than the one being applied for by the Director. You will be bound by any Order the Judge makes.

You do have the right to appeal the Order within 30 days from the date the Order is made.

Contact: Jackie Ellice; Leanne Baines; Daniella Eggink

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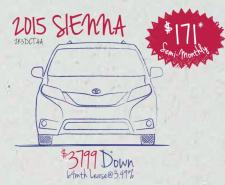


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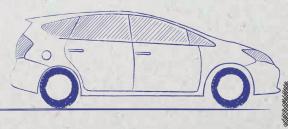




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CALGARY NOSE HILL



Bruce Kaufman

Party: NDP

Occupation: Teacher with Rocky View Schools



Elevator Pitch:

campaign to help ensure the students I teach have the same opportunities that I have had: A wellpaying job, a good home and a safe community to live in. As a teacher, I see firsthand the impact on families when a parent loses

their job. The NDP have a concrete plan to help families



Michelle Rempel

Party: Conservative

Occupation: Member of Parliament for Calgary Centre-North and Minister of State (Western Economic Diversification)

Elevator Pitch:

I believe that when you cast a ballot for someone, you're choosing them to be a ser-

vant to our community, rather contributed than electing them to a job. To

me, that service means actively reaching into the community to seek insight, and then crafting public policy that keeps our country strong, proud, and free. I'm proud to support policy that puts hard-earned money back into the pockets of Canadians, invests in public infrastructure, supports balanced budgets, and ensures that Canada has a strong voice on the international stage. One person can make a positive difference in our community, and I'm hoping to earn the right to continue to do so.





Robert Preie

Party: Liberal

Occupation: Small business

Elevator Pitch:

A small business owner, athlete and dedicated community leader, Robert Prcic is ready to be a strong voice for Calgary Nose Hill in Ottawa as their next Member of Parliament. Dedicated to



fighting for the middle class and those working hard to join it, Robert will listen to all of his constituents, equally and fairly. Robert owns GTR Auto - an automotive parts and mechanic services business in Calgary. The shop is known for offering its customers the best customer service as well as value for their money. It was established in 2010. Raised on a farm just outside of Calgary, Robert earned his Bachelor's degree, majoring in Law & Society, at the University of Calgary. A member of the varsity basketball team during his time at the university, Robert continues to stay active and coaches in his spare time.







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Calgary Skyview underdogs optimistic



Edwardson Metro | Calgary

Leader of the Democratic Advancement Party of Canada, Stephen Garvey, said he is optimistic about his chances of winning in his riding of Calgary Skyview in this Monday's federal election.

Garvey said although his party is new and his riding is competitive, his chances of winning a seat in Parliament aren't bad.

"When I go door to door I am just picking up votes wherever I go. I can't knock on enough doors," he said. "That's the honest truth.

Garvey, said his "grass roots" approach, and being a representative who comes from the constituency sets him apart from the big parties, who he calls the "old boys' club of Canada."

"They serve those above them and whoever is pulling their strings," he said. "I'm grass roots, we have no strings attached and we serve the people and nobody

Another Skyview candidate, Joseph Young, a member of the Communist League of Canada, said he thinks the response to his campaign has been very good.

"I feel great," he said. "I'm running to win and people will judge, but it's not an even playing field because I don't have the resources that many of the other candidates do."

Both Garvey and Young said their campaigns and parties have a focus larger than this election.

"We haven't put all this work in for nothing," said Garvey. Young said for him it's about

offering people change.

"Working people need to organize and defend themselves," he said. "We're a movement that can take power out of the hands of the wealthy and have a government of the workers and the



Jasmin Currie-Manuel, 26, looks to find a spare place to leave her name on the banner at Olympic Plaza on Thursday, marking her pledge to vote on Oct. 19. JENNIFER FRIESEN/FOR METRO

Voting for a better future

The number

of eligible indigenous voters.

Rally inspires indigenous youth to cast . their ballots



Jeremy Simes For Metro | Calgary

It's the first time Caroline Goodwill will be voting in a federal election. But her vote is for more than just her — it's for Canada's future generation.

"What my elders taught me is that we're not looking for our future right now," said Goodwill, an indigenous student. "We're looking for our future seven generations ahead because that's going to be our fu-

She was among dozens at Rock the Indigenous Vote rally in Olympic Plaza in Calgary Thursday, which saw attendance from Green Party and NDP federal candidates.

The rally's organizers have been travelling across the country, inspiring indigenous people to vote, and asking them to sign a banner to show that they're committed.

"We've been working really hard to encourage people that they need to vote, and how important they are in the whole process," said Cara Currie Hall, founder of Rock the Indigenous Vote.

"It's exciting — I think there's going to be change in this country.

Indigenous voters were once a blip, she added.

Now, there's 1.2 million eligible indigenous voters ready to make something happen, she said.

"We know the candidates are listening to us — we are a force to reckon with.'

Young indigenous people are extremely committed this

year, said Kelli Morning Bull, the student success co-ordinator at Mount Royal University's Iniskim Centre.

"A majority of them have been going to advanced polls and a lot want to vote," she said. "And a small por-

tion don't know who to vote

"I always say, 'If you're going to vote in any election, this is the election you should be voting in," she added.
Goodwill said the rally has

been full of positive vibes.

"This makes me feel pretty awesome," she said. "We all can unite and agree on the same thing: we want a better future for everybody else."



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A clip of Jay Mosher's Brasilia exhibition, which captures the Calgary home of Gail Anderson. The home made the front cover of Western Living magazine in 1977. CONTRIBUTED

Unique home focus of art installation

CULTURE

'Engaging' space has been a landmark since the 1970s



Jeremy Simes For Metro | Calgary

Jay Mosher is bringing a Calgary relic back to life, whether or not you knew it existed.

Titled Brasilia, Mosher's video installation at the United Art Society (UAS) captures Gail Anderson's home and, particularly, her utopia-like garden.

Built in the '70s, Anderson's home sits cloaked by many trees in the community of Lower Mount Royal, and features a grandiose garden inside, with the ceiling reaching about 6 metres.

The home — designed by architect Bill Boucock — also made the front cover of Western Living magazine in 1977.

At first, Mosher said he was excited to capture the home's qualities but, as it turns out, his conversations with Anderson began to trump those preconceptions.

What stood out in Anderson's home?

Not the home's architecture, although spectacular, he said. Rather, it was its "lived-in" qualities.

"Her fingerprint is on everything," he said. "You get this sense of a person in the home – it isn't just this sterile showpiece.

UAS Director Ginger Carlson said Brasilia delves into the concepts of utopia, consumption and consumerism.

"The space is really engaging: there's this pull," she said. "To have the opportunity to have a glimpse in this world is really

That being said, it's possible for everyone to create their own versions of utopia, whether they're large or small, Mosher added.

"I hope people get this refreshed idea of what they can do in their own homes, even if it's just a few plants in their condo," he said.

"But I hope they also get that sense of exoticism through video and sculpture," he added. "It's a chance to show a piece of the city's architecture that some may not know about."

Anderson and Mosher will be hosting a talk Sunday at 1 p.m. at UAS, 343 11th ave SW. If you can't make it, Mosher's video can be viewed at jaymosher.com.

Grizzly bear numbers on rise

A new study suggests the grizzly bear population is on the rise in parts of western Alberta.

The report by FRI Research estimates that between 2004 and 2014 the number of bears in the foothills east of Banff and Jasper increased by about seven per cent each year.

Researchers say that is a higher rate than commonly seen in grizzly bear populations in North America.

says the exact reason for the increase is not clear, and more study is needed.

But it notes the province has banned the hunting of grizzly bears, which are list-

ed as a threatened species in

7%

Between 2004 and 2014 the number of bears in the foothills east of Banff and Jasper increased by about seven per cent each year.

The study was prepared for the Alberta government, Jasper National Park and two forestry companies and is to be used to help manage the bears.

THE CANADIAN PRESS





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TV show puts drivers on ice

SCENE YYC

Obstacle race on frozen lake provides plenty of wipeouts



Lisa Wilton Metro | Calgary

Drivers need to keep cool when the competition heats up on CMT's new show, Ice Racer Showdown.

Hosted by Juno Award-winning Alberta musician Clayton Bellamy, Ice Racer Showdown pits five "everyday" drivers against the clock and each other as they slip and slide down an icy, obstacle-laden racecourse.

"It being a race show and the chance for me to be around cars was the initial appeal for me," says Bellamy.

"I'm a gearhead. I grew up racing motorbikes and building hot rods with my dad, so my competitive nature was intrigued. I love the competition in this show and just see-



Clayton Bellamy, of The Road Hammers, hosts CMT's new reality show competition, Ice Racer Showdown, which is produced by Calgary's Corkscrew Media. The series premieres Sunday at 10 p.m. CONTRIBUTED

ing how much fun everyone is having.'

Created by Calgary based production company, Corkscrew Media, Ice Racer Showdown premieres Sunday at 10 p.m. on CMT.

Bellamy describes the show as a mix between Canada's

Worst Driver and the obstaclerace reality series, Wipeout.

"It's a lot of fun if you're into racing and driving. You'll enjoy that aspect of it. And if you're just in it for the hijinks and the wipeouts, you'll get that, too."

Ice Racer Showdown's first

episode differs slightly from the rest of the series in that it features well-known Canadian personalities, including Calgary comic and TV host Cris Nannarone, Tornado Hunters' Ricky Forbes and Mikey Mc-Bryan of Ice Pilots: NWT fame.

In each hour-long episode,

contestants are faced with two driving challenges. After each round, one participant is disqualified by judges, leaving the final three to compete in a winner-takes-all race.

"Unless you have experience actually racing on ice it doesn't really matter how

Unless you have experience actually racing on ice it doesn't really matter how good a driver you are or how fast you are.

Clayton Bellamy

good a driver you are or how fast you are," Bellamy says.

"It's funny, because often the person you thought would be a shoo-in to win doesn't even make it to the final round. It has so much to do with control on the ice rather than speed or aggression.'

The season's 12 episodes were filmed last winter on Red Deer Lake, which experienced warmer than usual temperatures. Bellamy recalls only two days when the shoot had to be shut down due to strong, cold winds and crew members "not being able to feel their

"We were really lucky," he says.

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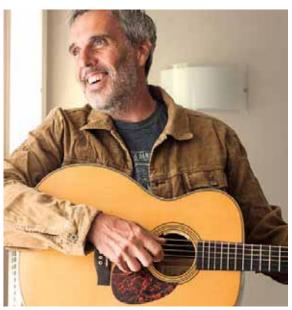






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metr® NEWS | Calgary | Weekend, October 16-18, 2015



John Wort Hannam is one of the featured roots and country music performers taking part in the inaugural Wide Cut Weekend, which runs Friday and Sunday. COURTESY JIM BYRNE

Music fest takes root

MUSIC

Allison Brock will host Wide Cut Weekend



Lisa WiltonMetro | Calgary

As host of CKUA's Wide Cut Country for the past 16 years, Allison Brock knows a thing or two about roots music.

So it's no surprise she's at the creative helm of the inaugural Wide Cut Weekend, which runs Friday and Saturday at Wine-Ohs, the Ironwood Stage, Mikey's Juke Joint, The Nite Owl and the Legion No. 1.

The festival features an all-star lineup of Alberta roots music talent, including John Wort Hannam, Crystal Plamondon, Leeroy Stagger Jr. Gone Wild, Dave McCann and more. The artistic director tells Metro a little about the city's newest music fest:

This is your first time as an artistic director of a festival. What are some of the challenges?

On the artistic director side it really was very simple. I put my wish list together and got in touch with artists. They were all so positive. They all wanted to be a part of it. The harder areas are within operations and logistics because suddenly you find yourself dealing with a mountain of details. It's a brand new festival and everyone's pitching in, so you're doing a lot more than what your specific job title

might suggest.

Was this always meant to be an Alberta-centric music festival?

Alberta artists will always be at the heart of it. Initially that idea (of featuring Alberta musicians) came to us because we knew we couldn't afford to be flying in artists and booking their accommodation. But once we decided on it, we loved the idea. We really realized just how much amazing talent is here.

Truly at the core of it was celebrating Alberta artists. In future years it would be great to bring in artists from farther afield, but at its heart we want a big part of the festival to be about celebrating Alberta talent.

Calgary has many music festivals, including the Calgary Folk Fest and Bluesfest. Where does Wide Cut Weekend fit in?

We are Calgary's only completely roots-oriented festival. Unlike Bluesfest, which is obviously blues, and the Folk Fest, which has an incredibly wide palate, we're hitting the middle ground of what is referred to as roots music. We thought there was room within the scope of all the other music festivals in Calgary

Why do you love roots

I don't know why. I just do. I've worked in music my whole working life, so about 35 years. But very early on I was just drawn to it. Growing up in the '70s there was a lot of roots music done by rock bands, and people like Gram Parsons were influencing The Rolling Stones.

ENTERTAINMENT

Witches, no britches, or crowd in stitches

Friday - The Crucible

Theatre Calgary brings Arthur Miller's masterpiece back to the Max Bell Theatre stage. Based on the Salem witch trials, the play paints a frightening picture of what happens when mass hysteria and mob mentality mixed with religious dogma take over a town with disastrous consequences.

Written in 1953, Miller intended it to be an allegory for McCarthyism.

Saturday - YYComedy Festival Gala

Some of Canada's funniest people take the stage at the Jubilee Auditorium as part of the closing gala of this year's YYComedy Festival.

Performers include Debra Di-Giovanni, Mike Wilmot, Mary Walsh and the inimitable, oddball king of one-liners, Emo Philips.

Go to yycomedy.ca for ticket information.

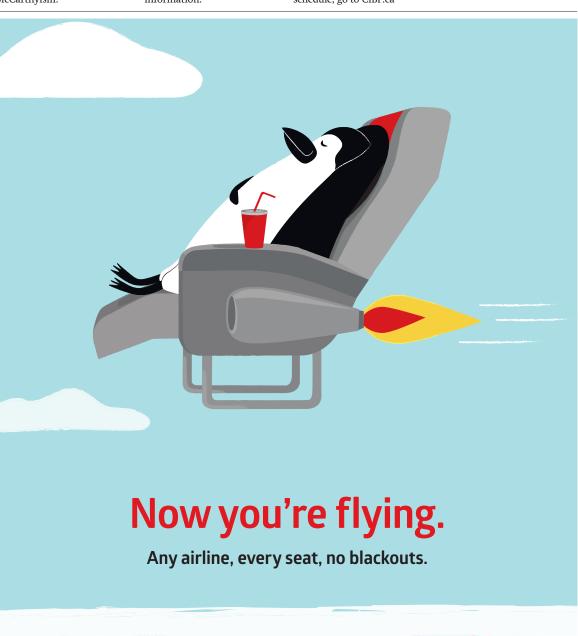
Saturday - Calgary International Burlesque Festival

Leave your hangups at the door when you enter the sinfully saucy world of the Burlesque Fest's underground cabaret at Dickens Pub. Hosted by Seattle's EmpeROAR Fabulous and Vancouver comedian Shirley Gnome, the cabaret features a headlining performance by Canadian burlesque legend, Ms. Judith Stein, and much more. For prices and schedule, go to CIBF.ca

Sunday - Fluid Festival

The 10th annual festival of art and dance continues with a night of spoken word, music and creative movement featuring Sheri-D Wilson, Serge Bennathan, Lin Elder, Georgelaine Milot and more.

A full rundown of the Fluid Festival can be found at: SpringboardPerformance.com/fluidfest





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Y TO ENGAGE

Metro's daily primer on what the parties are saying about the issues that matter to urban Canadians



Liberal Leader Justin Trudeau poses for a selfie with a student while touring Mohawk College, in Hamilton, Ont., Wednesday. Youth turnout sat at a dismal 39 per cent last election, which means 61 per cent of young people are now getting exactly what they deserve from politicians: nothing, Rosemary Westwood argues. PAUL CHIASSON/THE CANADIAN PRESS

Don't just 'expect' democracy



ROSEMARY WESTWOOD

Over the course of last week, in a deeply francophone suburb of Montreal, 2,017 students on one CEGEP campus cast a vote.

None of those ballots will count on Monday's election. They're part of Student Vote, a non-partisan push to engage young Canadians in politics via mock elections.

But Semra Sevi, the 26-year-old teacher who organized the vote, hopes at least some of the fake ballots will translate into

Her students, aged 18 to 24, are part of the elusive "youth vote" - the cohort hailed by Rick Mercer as a democratic silver bullet that could "change the country," and sought by groups like votesavvy.ca youthvote.ca, the Council of Canadians vote pledge, and even Elections Canada. which set up special polls on Canadian campuses to lure more young Canadians.

All these efforts are admirable, and I genuinely hope they work. Youth turnout sat at a dismal 39 per cent last election, which means that 61 per

cent of young people are getting exactly what they deserve from politicians this time around: nothing. Election platforms are offering to people under 45 pennies for every dollar offered to those over 65, according to a Generation Squeeze report.

Why, some ask, would politicians speak to a group that doesn't bother to vote? Why, others ask, would people vote

for politicians who ignore them? Some call it apathy; others prefer cynicism.

My view: we're spoiled

You know why young people don't feel the need to value democracy? Because they expect it. For most of us, life in Canada is pretty great. Even for those Canadian children growing

up in poverty, there are still benefits to living in Canada that cannot be found in many places in the world small freedoms, such as they are: the lack of a brutal dictator, free schools, clean air.

2015 ELECTION COUNTDOWN

Rosie Westwood reflects

on the key issues.

TUES. Women

WED. Environment

THURS. Canadian values

• FRI. Youth engagement

When Semra Sevi was asking her students about

voting, before she started the Student Vote campaign, they told her they felt ianored by politicians.

"They didn't feel like polit-

icians deserved their vote," she told me.

But the question isn't whether politicians deserve your vote: it's whether democracy deserves your participation.

Anyone who refuses to vote is freeloading. They are abdicating their responsibility, yes, but far more importantly, they are

Anyone who refuses to vote is freeloading. They are abdicating their responsibility, yes, but far more importantly, they are expecting the rest of us to pick up the slack.

expecting the rest of us to pick up the slack. That's true even of those seeking political change through activism, who would lobby officials for change, without bothering to help elect

I've been racking my brain trying to think up some kind of experience that we could give young people so they could no longer hold onto the excuse of ignorance.

Some kind of equivalent to the dangerous two-hour journey to school taken by a boy and his sister in Kenya, and depicted in the documentary On the Way to School. You know what the kids do when they finally get to class? They shut up and listen to their teacher. They had to work so hard just to get there, that they hungered for an education.

And yet we, steeped as we are in the benefits of a rich democracy, seem already far too well-fed.

If young people do not, a la Mercer, "change the country" this time around, I'll be hard pressed to hold out much hope for the next

And what they say about us millennials will in fact be true: we have no idea how good we have it.

QUICK GUIDE YOUTH ISSUES

Here's a breakdown of promises and legislative measures from the NDP, Liberals,

Conservatives and **Greens**

ON EDUCATION

Conservatives:

• Promise to raise government contribution to education savings plans.

 Lower the minimum course length required to qualify for financial assistance from 60 to 34 weeks.

ON YOUTH JOBS

Conservatives:

• Increase apprenticeship job creation tax credit. • Aim to create 1.3 million net new jobs overall by 2020.

Liberals:

• Increase Canada Student Grants by 50 per cent. · Allow students to wait until they're earning \$25,000 a year before having to repay student loans.

Liberals:

• Spend \$300 million a year to create 120,000 jobs.

· Create 5,000 "green" jobs.

• Spend \$40 million a year to support new co-op placements for students.

· Eliminate interest on student loans over seven years. Spend \$250 million to cre-

ate 74,000 new grants for students over four years. · Improve educational out-

comes for First Nations.

• Establish \$15-an-hour minimum wage.

• Provide up to \$100 million a year to create more than 40,000 jobs, paid internships and co-op placements for youth over four years.

Greens:

• Cut tuition fees for low-income students and families.

• Forgive all student loans over \$10,000.

· Eliminate interest on new student loans.

Greens:

• Create Youth Community and Environment Service Corps, which would provide minimum-wage employment for 40,000 youth every year for four years.

LATEST POLL

LIB 37% CON 29% NDP 23% Source: Nanos/CTV



Leaders take aim at Trudeau

ELECTION 2015

Grits fire back with criticism of Harper's Ford support

The Dan Gagnier drag chute billowed out behind the Liberal campaign Thursday, giving Stephen Harper and Tom Mulcair a badly needed chance to catch up to the apparent front-runner, Justin Trudeau.

Trudeau, however, gave as good as he got — at least as far as the Conservative leader was concerned — by amping up the outrage over Rob and Doug Ford's recent appearance on the Tory

Gagnier, the party's campaign co-chairman, abruptly quit his volunteer post Wednesday after The Canadian Press disclosed details of an email in which he provides lobbying advice to an oil pipeline company.

That gave Harper and Mulcair the perfect opportunity to take a swing at a long-standing Achilles



The Conservatives and NDP attacked apparent front-runner Liberal leader Justin Trudeau, with remarks about the sponsorship scandal. PAUL CHIASSON/THE CANADIAN PRESS

heel for the Liberals: the sponsorship scandal.

"They can try to put a fresh face on it, but behind the scenes it's still the same old gang pulling the same old tricks," said the NDP's Mulcair, who - campaigning in Montreal, where he needs a reversal of fortune - could barely contain his glee. You can't trust the Liberals. It's the same old Liberal party."

Trudeau, Mulcair noted, has been campaigning alongside former Liberal stalwarts Jean Chretien and Paul Martin, who presided over the party during the sponsorship scandal, in which firms won contracts based on donations to the Liberals with little work being done. Some of the cash was kicked back to Liberal operatives.

Harper, who was in Opposition at the height of the controversy, also seized on the chance to break out some of his great-

WHERE THE LEADERS ARE FRIDAY



- Stephen Harper will be
- Justin Trudeau will be in Ontario in Mississauga, Brampton, Richmond Hill
- Tom Mulcair will be in Lac-Mégantic, Que., and in
- Elizabeth May's itinerary

"I think we should all understand that the culture of the Liberal party that gave us the sponsorship scandal has not changed and it will not change.'

Gagnier stepped down after it was revealed he emailed officials at TransCanada Corp., the company behind the Energy East pipeline, with advice on how and when to lobby a new government including a Liberal minority.

For his part, Trudeau said Gagnier's departure demonstrates that the Liberals "take ethical standards and responsibilities extremely seriously."

The controversy has the potential to upend the narrative that had been taking shape during the campaign's final week - especially in Quebec, where Energy East is a divisive issue.

All of which, of course, is why Trudeau jumped on the chance to drop the most powerful fourletter F-bomb in all of Canadian politics: Ford.

Harper should be "embarrassed that he's having to count on the support of Rob Ford for his re-election," Trudeau said. THE CANADIAN PRESS

CAMPAIGN TRAIL

Harper stays mum on majority

Stephen Harper moved on to more optimistic turf for his party Thursday, starting a swing through Quebec after several days of sweating it out on the high-stakes electoral battlefield of Ontario.

But he's not quite optimistic enough to go where his Liberal rival did earlier this week when Justin Trudeau uttered the word "majority."

Campaigning in Trois Rivieres, Que., Harper was asked why he wasn't making the same request as Trudeau in these final days.

"We never take voters for granted in my party. That's not our approach," Harper said. "This is a tight race. We're here to encourage choice."

The choice, as the Conservative campaign puts it, is between a Liberal government that Harper

says would drain money from Canadian wallets, and a Conservative government that would help keep it there.

It's a point Harper has been illustrating all week by bringing a family or business owner up on stage to have them literally count out cash onto a waiting table, all to the incessant cha-ching of an old-timey cash register.

THE CANADIAN PRESS

EDUCATION

UBC official resigns

A senior official at the University of B.C. has stepped down after a retired judge found the institution failed to protect a professor's academic freedom when she wrote a critical blog post.

Former B.C. Supreme Court Justice Lynn Smith cleared chairman John Montalbano of wrongdoing in the incident, but she said in a report that he made "errors of judgment" and that the

university as a whole fell down. The clash between Montalbano and Prof. Jennifer Berdahl erupted in August when she

speculated on her blog that former president Arvind Gupta quit because he "lost the masculinity contest" at UBC. Berdahl alleged in a follow-up entry that Montalbano had called her and threatened her funding over the post. THE CANADIAN PRESS

MANITOBA

'Misunderstanding' led to Canadian flag being removed from poll

A Canadian flag was removed from a Manitoba advance polling station on the weekend because a worker felt it violated election rules.

Elections Canada said a worker in Virden thought the red in the flag could be interpreted as support for Liberals. THE CANADIAN PRESS

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Poilievre expenses \$15K for photo op

Employment Minister used tax dollars to plug benefit

Employment Minister Pierre Poilievre expensed \$2,200 for a trip to Winnipeg where he held a photo op to watch government cheques for families coming off the presses.

Expense records obtained by the Star show Poilievre billeď the public for approximately \$15,300 for travel while searching for families not signed up for enhanced child care benefits between mid-April and the end of June.

Poilievre said his travels were important to meet Canadians on their own turf after being appointed minister of Employment and Social Development, and his office said he conducted other business



Employment Minister Pierre Poilievre responds to a question during question period in the House of Commons on Parliament Hill in Ottawa. SEAN KILPATRICK/THE CANADIAN PRESS

on these trips.

"It was important for me as a new minister of the largest department in government ... to be available for Canadians to share with me their views in how we can best serve them," said Poilievre, in an interview with the Star.

"And we were able to sign up thousands of parents for the Universal Child Care Benefit.'

Poilievre held a series of photo ops and news conferences in five provinces and one territory between April 15 and June 30, the last day expense records were available in an access to information request from the Star.

The \$15,300 includes only trips where Poilievre held an event to promote the UCCB. Other costs, such as political staff travel or bureaucratic support, were not included. TORSTAR NEWS SERVICE

ELECTION 2015

Conservatives snub downtown issues



Conservative candidates completely ignored questions on the importance of downtowns in Canada, according to a new survey.

Downtowns Canada, an affiliate of the International Downtowns Association, set out last month to collect views from all political parties' candidates in 16 cities.

The survey We believe our was developed in consultation downtowns are with local BIAs, economic drivers. and sought can-Stefano Grande didates' insights on how their

party intends to address four key national issues: infrastructure/investment; social justice; affordable and social housing — with mental health and addictions support — as well as economic development.

No one candidate from the Conservative party either responded to the survey or par-

ticipated in the town hall discussions held as part of the study, according to the report slated to come out before the election.

"Clearly we'd have loved to hear all of the parties talk passionately about the importance of our downtown neighbourhoods, but that didn't happen," said Stefano Grande, chair of Downtowns Canada committee.

The group undertook the study in an effort to bring that

discussion to a national level, by getting federal candidates involved in designing sustainable concepts from a grassroots level, he said.

Whether Conservatives' lack of participation in the study affects any future plans for the country's downtowns is up to individual voters to decide, Grande said.

"No matter what political party wins, our objective is to continue with this advocacy about the values of our downtowns," he explained.



Suiting up to feel their pain

HEALTH

Metro reporter climbs hill to experience arthritis



Kristen Lipscombe Metro | Halifax

My shoulders and neck ache, especially on my tenser right

Both of my knees feel as though they've just gone through growth spurts. My entire body feels heavy and tired.

This is similar to what it would feel like to suffer from rheumatoid arthritis.

I learn this as I wobble my way up central Halifax landmark Citadel Hill on a bright and crisp fall morning, wearing a red suit with black straps that reminds me more of a straitjacket, or maybe the most awkward onesie ever made.

"It's basically like a mountain climbing suit, almost," Adam Richardson, Atlantic region communications manager for The Arthritis Society of Canada, said Thursday of the outfit developed by biopharmaceutical company Abbvie, to give its wearer an idea of what life is like to have the inflamed joints and painful movements that come with arthritis.

"It's pretty intense," he

warned, as I got all strapped in for my jaunt up the north side of the hill.

"Parts of it, you might not be able to wear, because it



Arthritis Society spokesman Adam Richardson, left, jogs up Citadel Hill in Halifax on Thursday with Metro reporter Kristen Lipscombe, who is wearing a suit that simulates symptoms of the disease. JEFF HARPER/METRO

might just be so uncomfortable that you wouldn't want to go there."

But I say, "let's go there." Bring it on.

If I'm going to wear this unflattering suit in public and then write about it, I want to be able to give the readers who haven't experienced arthritis themselves a true idea of how it might feel to have this debilitating disease, which Richardson tells me affects one in four Nova Scotians.

"They lose all their joint mobility," Richardson said, "so that's what you're basically

simulating."

Raising awareness about arthritis - just as this suit does - along with funds to support education, research and services, are exactly why the Arthritis Society started holding its Virtual Everest event two years ago.

The event has raised \$36,000 since then.

"People who don't have arthritis will be running up and down this hill 80 times for the event, either in teams or all by themselves," Richardson said of the annual fundraiser that mimics a climbing elevation

4.6 million

The number of people across the country who have arthritis.

similar to Mount Everest.

The idea is that we can do it, but the reason we're doing it is for people who would find going up and down once to be an incredible struggle," he said.

And getting around in this dang suit certainly is a struggle. I walk up and down the first time, feeling hindered by my get-up, but still eager, opting to jog the second time around.

"What's the suit for?" curious joggers asked as they passed, as I moved at a much slower pace than them in my Frankenstein-like red suit.

Together, Richardson and I explained the concept to onlookers, raising a little arthritis awareness along the way.
By the time we reached

the bottom of the hill for the second time, I was more than ready to make my escape out of the suits "restrictive qualities," and regain my everyday mobility.

It felt like several big weights had been lifted off my body, relief that is much more difficult to find of those with arthritis, which can be managed but not yet cured, Richardson said.

"Arthritis is actually one of the most common diseases in Canada," he said, adding that amounts to 4.6 million people - of all ages - across the country.

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Two endangered elephants found dead

Two endangered Sumatran elephants were found dead in Indonesia's Aceh province and were believed to have been poisoned, an environment official said Thursday.

Locals found the carcasses in a forest about 7 kilometres (4 miles) from their village in Aceh's Jaya district, said Genman Suhefti Hasibuan, head of the local Conservation and Natural Resources Agency.

The two females, 2 years and

15 years of age, were estimated to have died two or three days before they were found on Wednesday, Hasibuan said. He added that there were no indications of violence or gunshot wounds on the carcasses.

"Hopefully, there will be no more elephants found dead like these in the future," Hasibuan said, adding that the agency will investigate the deaths in co-operation with the police.

At least five Sumatran ele-

phants have been found dead this year in Aceh, after 11 deaths last year.

The International Union for Conservation of Nature listed the animals as "critically endangered" after their numbers dropped to between 2,400 and 2,800 from an estimated 5,000 in 1985. Environmentalists say the elephants could be extinct within three decades unless they are protected.

Sumatran elephants some-

areas because development has destroyed their habitat. Some of the animals killed were shot or poisoned with cyanide-laced fruit. Others have been killed by poachers for their ivory.

In February, police arrested eight members of a poaching syndicate and confiscated tusks worth more than \$30,000 in Riau province. The group admitted to have killed at least six elephants in neighbouring Riau and Jambi provinces. THE ASSOCIATED PRESS



Bruce Leonard and Deborah Leonard, centre, enter the courtroom before their arraignment Tuesday.

Mother felt helpless to stop attack

We want to

understand why

this happened, how

this session got so

out of control that

it cost the life of a

young man.

Michael Inserra

WORD OF LIFE CHURCH

Lawyer says mom too 'meek' to stop son's beating

A woman charged with beating her teenage son to death inside a church felt helpless to stop an intervention that spiraled into violent punishment by others, her lawyer said Thursday.

As the encounter turned violent, Deborah Leonard didn't

have the emotional strength to oppose others in a church where she'd worshipped for 30 years, attorney Devin Garramone said.

"It looks like she went along with it, and it spun out of control," he said. "This woman is so meek and

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timid, she didn't have the temerity to stand up to them and say, 'You're not punishing my kid. You're not doing this.

Leonard stands charged with manslaughter in the death of her 19-year-old son, Lucas, but Garramone said he believed other people caused the fatal injuries. Six people have been arrested in the beatings of Lucas and his 17-year-old brother, Christopher, who were pummeled with fists and kicked at the Word of Life church in New Hartford during

what police describe as a spiritual counselling session to urge them to confess sins and seek forgiveness. Garramone and police say they aren't certain why the boys were being punished. But whatever the reason, the brothers are victims, Police Chief Michael In-

serra stressed. The small, insular church also served as home to some of its members. The parishioners so firmly kept to themselves that when a fire broke out a few years ago, they extinguished it themselves and didn't want to let firefighters in, Inserra said.

And after Lucas Leonard was taken to a hospital Monday and police came to suspect his younger brother had also been hurt, their relatives wouldn't tell officers where Christopher Leonard was, the chief

Only after searching for hours and contacting a former church member did police manage to locate him in a room on the second floor, Inserra said. The teen emerged after speaking to police by phone. The spiritual leader and pastor, who are mother and daughter, respectively, have not been charged.

She and her husband boys' father, Bruce Leonard have pleaded not guilty to manslaughter.

THE ASSOCIATED PRESS



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Public dissection of lion sparks outrage

DENMARK

Zoo accused of having a lack of compassion

A Danish zoo publicly dissected a year-old male lion Thursday, pulling out its blood-red organs to show a few hundred people including children — an event met outside of Denmark with criticism and online protests.

Adult spectators brought scarfs to their noses to ward off the pungent smell as they watched the dissection, considered by many in this Scandinavian country of 5.6 million to be an educational program. The event was deliberately scheduled to take place during the annual fall school holidays.

A Brussels-based animal protection group, however, sharply criticized Odense Zoo for killing three healthy young lions

One of central Denmark's

most popular tourist attractions, the Odense zoo has done public dissections for 20 years. On Thursday, scores of children stood around a table where the zoo had displayed a stuffed lion cub next to the lion being dis-

Odense Zoo employee Lotte Tranberg said the male lion and its two siblings were killed in February because they were getting sexually mature and could have started mating with each other and the zoo wanted to avoid inbreeding. They also could have killed each other because they would have been kept in the same enclosure, she said.

On Facebook, a few dozen people on Thursday accused the zoo and Denmark of having a lack of compassion. But on the zoo's Facebook page, ordinary Danes defended the dissection, asking English-speaking commentators whether they ever had been to a slaughterhouse. THE ASSOCIATED PRESS



Children reacts to the dissection of a dead male lion in Odense Zoo, Denmark, Thursday.

OLE FREDERIKSEN/POLFOTO VIA THE ASSOCIATED PRESS

Cultural heritage sites threatened

A labour camp in Albania, a burial site in Chile and a Spanish mission in New Mexico are among a list of cultural heritage sites threatened by neglect, overdevelopment or social, political and economic change, a preservation group announced Thursday.

The World Monuments Fund's biennial list cited 50 sites from ancient times to modern times in 36 countries.

The New York-based preservation group began issuing its World Monuments Watch list in 1996 to call attention to important landmarks threatened around the world in an effort to promote awareness and action.

The organization listed the notorious Spac Prison in Albania for its advanced state of deterioration — a site the group said deserved to be saved as a modern place of remembrance.

The General Cemetery of Santiago, a burial site of presidents and other luminaries, was singled out because of the deterioration it has suffered from numerous earthquakes and consequent neglect.

In citing the 1629 San Estevan Del Rey Mission, the organization said restoration of the national historic landmark in Acoma, New Mexico, was long overdue and in dire need of investment.

The list is assembled by a panel of experts in archeology, architecture, art history and preservation.

THE ASSOCIATED PRESS



Lockerbie bombing suspects sought

Scottish prosecutors say they have identified two Libyans as suspects in the 1988 bombing of a passenger jet over the town of Lockerbie, and want to interview them in Tripoli.

The unnamed Libyans are suspected of involvement with Abdel Baset al-Megrahi, the only person convicted in the attack. THE ASSOCIATED PRESS

SOUTH AFRICA

Parole board lets Pistorius serve sentence under house arrest

Oscar Pistorius, the doubleamputee Olympic runner who shot his girlfriend to death on Valentine's Day 2013, can leave prison and move to house arrest next week, South Africa's Department of Corrections said Thursday.

A parole board at the prison where Pistorius has served nearly a year of his five-year sentence for culpable homicide comparable to manslaughter made the decision. It came after an initial ruling to release the athlete in August was cancelled at the last minute after intervention by the justice minister.

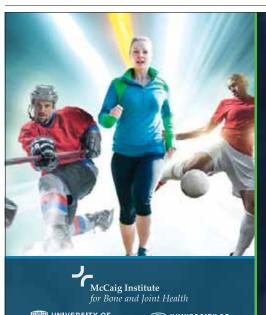
Pistorius was acquitted of murder last year for the shooting death of Reeva Steenkamp, but prosecutors have appealed that trial verdict and will seek a murder conviction again at South Africa's Supreme Court on Nov. 3.

The appeal will come just two weeks after Pistorius is freed next Tuesday. If Pistorius is convicted of murder by a panel of five judges at the appeal, he faces going back to prison for

15 years, the minimum sentence for murder in South Africa, which no longer has the death penalty.

Pistorius has maintained he thought Steenkamp was an intruder in his Pretoria home and killed her by mistake. Prosecutors said he shot her intentionally during an argument after she had fled to a bathroom stall.

The 28-year-old Pistorius is expected to serve his house arrest at his uncle's mansion in an upmarket suburb of Pretoria. THE ASSOCIATED PRESS







Troops target Homs

Russia strikes **ISIL** as Iran offers troops ifneeded

Syrian troops and their allies launched an offensive in the central province of Homs on Thursday and Russia's government said its warplanes carried out a rare airstrike near Damascus, targeting a position of the Islamic State of Iraq and the Levant (ISIL) southeast of the capital.

The offensive came as a senior Iranian official told reporters in Damascus that Tehran would consider sending troops to Syria only upon a request from the Syrian government.

Alaeddin Boroujerdi, the head of a parliamentary committee on national security and foreign policy, reiterated his country's full support for the Syrian government, stressing that a political solution is the only way for Syria to emerge from the current



Syrian army personnel fire a cannon in Latakia province, about 12 kilometres from the Syria-Turkey border, last week. ALEXANDER KOTS/KOMSOMOLSKAYA PRAVDA COURTESY THE ASSOCIATED PRESS

Boroujerdi's comments came despite reports that hundreds of Iranian troops have already been deployed in northern and central Syria, dramatically escalating Tehran's involvement in the civil war as they join allied Hezbollah fighters in an ambitious offensive to wrest key areas from rebels.

A regional official who has

knowledge of operational details in Syria told The Associated Press on Wednesday about 1,500 Iranian revolutionary guards have arrived in Syria in the past two weeks. Other Syrian activists also reported the fresh arrival of Iranian troops.

Asked whether Iran has forces on the ground, Boroujerdi said: "According to Iran's

anti-terrorism strategy, we submitted weapons and experts to those two countries (Iraq and Syria). Any other request will be considered and debated in Iran.

Iranian and Syrian officials have long acknowledged Iran has advisers and military experts in Syria, but denied the presence of any ground troops. THE ASSOCIATED PRESS

EU leaders moving to shore up borders

Faced with a refugee emergency that is only likely to deepen, European Union leaders moved on Thursday to shore up the bloc's borders to the outside world and fundamentally reshape the way they deal with asylum seekers.

The leaders also struggled to persuade a reluctant Turkey to do more to stop tens of thousands of refugees entering Greece — offering vast amounts of money, easing visa restrictions for Turkish citizens and accelerating the country's EU membership talks.

According to draft conclusions seen by The Associated Press, an action plan for Ankara to help it manage the impact of some two million refugees will be rapidly implemented, and diplomats said that the country could receive several billion euros in additional funds.

But as the leaders met, senior EU officials lashed out at the leaders for failing to live up to past promises of funds and resources.

Thousands of people continue to risk the dangerous journey daily. Greece recovered seven more bodies off the island of Lesbos Thursday after a migrant boat collision, and shivering newcomers streamed into Croatia.

They are just some of the more than 500,000 people fleeing war or poverty to enter Europe this year, most of them via Greece and Italy.

In response, EU leaders promised last month to provide hundreds of millions of euros for Syrian refugees and to help Africa better manage its borders, as well as funding experts to fingerprint and screen new arrivals in Italy and Greece. THE ASSOCIATED PRESS



FUNDING

The European Commission has complained that only three of 28 nations have pledged a total of just \$13.7 million to a fund to help African nations better manage their borders. The pot is meant to total about \$2 billion over two years.



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Opposition interrupted Parliament's session on a deal, giving

Kosovar **Parliament** hit again

Protesters disrupt session with tear gas for second time

Opposition lawmakers angry at Kosovo's recent deals with Serbia and Montenegro set off tear gas canisters Thursday in Parliament, forcing the suspension of the session.

Lawmakers left the chamber after witnesses said a tear

gas canister was opened in the opposition seats, followed by one or two more. It was the second week in a row that tear gas was used in Parliawas used in Parliasuch a possibility and to power ment in protests that began with the egging of Prime Minister Isa Mustafa last month.

The opposition, led by the Self-Determination party, said no more parliamentary sessions should be held and pledged to continue the protests.

The government harshly denounced the use of tear gas as "an irresponsible behaviour not in line with any ethic, moral and practical democratic code."

Parliament Speaker Kadri Veseli urged the opposition to use Parliament to express disagreements professionally and respect its rules and the law.

"Their behaviour so far is violating such a possibility and suffocating democracy," he said at a news conference.

One of the EU-sponsored deals gives Kosovo's Serb-majority areas greater powers, while the other covers border demarcation with Montenegro. The opposition wants the government to withdraw from the deals, saying they endanger Kosovo's sovereignty and territorial integrity.

Only backtracking from these deals will bring institutional and social normalcy in

Kosovo," the opposition said in a statement.

The gov-erning coalition Their behaviour so far is violating says the opposition wants to and suffocating through unconstitutional means. Outside the building, about 100

opposition supporters rallied

democracy.

Kadri Veseli

Parliament decided Wednesday that all lawmakers should be checked as they entered the chamber. Police said they would investigate how the tear gas canisters still made it in.

Fifteen policemen and a number of protesters were injured in clashes Monday after Self-Determination Party leader Albin Kurti was detained for questioning. THE ASSOCIATED PRESS

Iran meets nuclear arms probe deadline

The U.N. nuclear agency will be able to deliver an assessment of the suspicions that Iran worked on atomic weapons by Dec. 15, as planned, it said Thursday.

The agency said in a statement that it has completed a series of meetings with Iranian officials focused on "ambiguities" in information previously provided by Tehran, allowing the IAEA to deliver the report in the time frame set out in a deal between Iran and six world powers.

Iran says it never worked on nuclear weapons, and it is unclear whether the agency will be able to make a definite ruling on the allegations. Diplomats have previously said that the report may confirm only that Iran provided answers to all IAEA questions without saying outright that the answers confirmed or disproved the suspicions.

But they say an IAEA ruling that Iran has co-operated could allow the U.S. and its allies to accept an end to decade-long attempts to probe allegations.

Washington and its allies insist they have evidence of past nuclear arms work by Tehran. But diplomats say the U.S. is ready to accept a vaguer report than it would normally demand because seeking further clarity would lead to deadlock that would jeopardize the larger agreement.

That overarching deal was reached July 14, but the date for its adoption is this Sunday,

making the IAEA confirmation that Iran met the deadline earlier important.

Formal adoption clears the way for the start of implementation of the actions set out in the deal — cuts in Iran's nuclear program in exchange for lifting of economic sanctions that have crippled Iran.

Officials from Iran and the six nations are meeting in Vienna Monday to discuss those next steps. THE ASSOCIATED PRESS



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WIKII FAKS

Ecuador asks to let Assange leave briefly

Ecuadoran officials have asked the U.K. to let WikiLeaks founder Julian Assange leave his asylum at country's embassy in London briefly for medical checks. Britain responded Thursday by saying he could have medical care but would be arrested if he leaves the embassy.

Foreign Minister Ricardo Patino said that Assange needs an MRI for a pain in his shoulder that began three months ago. Assange has been living at the

embassy since June 2012 to avoid extradition to Sweden, where he faces allegations of sexual misconduct and rape of two women. He denies the accusations and said he believes that Sweden would send him to the United States to be face charges for the WikiLeaks publication of thousands of classified U.S. government documents.

"We are asking for a special safe conduct pass that lasts a few hours only so he can take a magnetic resonance and return under our protection," Patino said, adding, "and possibly beneath the protection of British police, if they want to put 10,000 police alongside the vehicle to take him to the hospital."

Britain's Foreign Office said in a statement that they would not "in any way seek to impede Mr. Assange receiving medical advice or care. We have made this clear to the government of Ecuador." But British officials have also made it clear that Assange faces arrest if he leaves the embassy.

On Monday British police withdrew a 24-hour guard from the building, but said they would still "deploy a number of overt and covert tactics" to arrest Assange if he left.

Patino said an option would be for another country or the Red Cross to bring a portable MRI machine to the embassy. THE ASSOCIATED PRESS



U.S. President Barack Obama pauses as he speaks about Afghanistan Thursday. PABLO MARTINEZ MONSIVAIS/THE ASSOCIATED PRESS

U.S. troops not withdrawing

AFGHANISTAN

Obama extends mission in Afghan soil until 2017

President Barack Obama on Thursday abandoned his pledge to end America's longest war, announcing plans to keep at least 5,500 U.S. troops in Afghanistan when he leaves office in 2017 and hand the conflict off to his successor.

It is another setback for the president in his quest to extricate the U.S. from more than a decade of war in Afghanistan and Iraq. That goal was already tarnished by the return of U.S. forces to Iraq last year to help fight the Islamic State, a military mission Obama has said will likely outlast his presidency.

Now, the winner of the 2016 presidential election will also become the third American commander in chief to oversee the Afghan war.

"I know many of you have grown weary of this conflict," Obama said, addressing the American people in remarks from the White House. "As you are all well aware, I do not support the idea of endless war."

But he added, "I am firmly convinced that we should make this extra effort."

The president had originally planned to withdraw all but a small embassy-based force from Afghanistan at the end of next year, shortly before leaving office. Under the new \$15 billion-a-year plan, the U.S. will maintain its current force of 9,800 through most of 2016, then begin drawing down to 5,500 late in the year or in early 2017.

His decision thrusts the war into the middle of a presidential campaign that so far has barely touched on Afghanistan. Candidates now will be pressed to say how they will try to do what Obama could not — end a conflict that has killed more than 2,230 American service members and cost more than \$1 trillion.



I know many of you have grown weary of this conflict.

Barack Obama

On Thursday, leading Democratic candidates were silent about the president's decision, including Hillary Rodham Clinton, who served as Obama's secretary of state.

The president's revamped plan was welcomed by several Republican presidential candidates, but some said 5,500 troops would not be enough.

White House officials said they were still pleased with the progress Obama had made in drastically reducing the number of U.S. troops from a high of about 100,000 in 2010 and ending America's direct combat role.

THE ASSOCIATED PRESS



metr

NEWS Business

Weekend, October 16-18, 2015 **33**

Valeant facing fresh scrutiny in the U.S.

PHARMACEUTICALS

Subpoenas follow price hikes for two heart drugs

Valeant Pharmaceuticals stock plunged again Thursday after the company said U.S. federal prosecutors in Massachusetts and New York are seeking information on its drug pricing, distribution and patient assistance program.
The Quebec-based company,

the largest drug company in the country, said most of the materials requested by the subpoenas from the U.S. Attorney's offices in the two states relate to the company's patient assistance programs, including financial support provided for patients and pricing decisions. The U.S. Congress became

interested in Valeant following its purchase of the heart



Canada's largest drugmaker said most of the information requested relate to patient assistance programs, including financial support for patients. THE CANADIAN PRESS

drugs Nitropress and Isuprel and subsequent price increases, which ranged from a doubling to a more than tripling in price for the drugs.

The drugs are administered in hospitals as part of a larger treatment protocol.

\$4.9 billion

Valeant Pharmaceuticals said its overall \$4.9 billion US in revenues in the first half of the year included only \$126 million US from Nitropress and \$121 million US from Isuprel.

for procedures including these drugs from the patient's in-surance provider or a federal health program won't change.

Because these drugs are hospital-administered and generally are not purchased directly, increasing the cost of the drugs to hospitals should not reduce patient access," he said.

Valeant said heavy discounts and price caps reduce the impact of high gross prices. It also said price hikes have stimulated other companies to work on lower-priced alternatives. THE CANADIAN PRESS

Canadian home sales slowing down

Canadian home sales in September were down from August as some of the country's hottest real estate markets saw sales cool, but prices continued to show strength.

The Canadian Real Estate Association said Thursday that home sales in September through its Multiple Listing Service were down 2.1 per cent compared with August.

The drop came as the num-ber of sales fell in more than half of the local markets tracked in September, led by declines in Vancouver, Calgary and Toronto. Sales in Vancouver were down 3.8 per cent for the month, while Toronto

slipped 3.5 per cent. Calgary dropped 7.5 per cent.

BMO senior economist Sal Guatieri said the Canadian housing market is cooling somewhat. However, prices were "frothy" in the Vancouver and Toronto markets

'The story for the Greater Vancouver area and Greater Toronto area is that continued strong demand for a limited supply of detached properties is sending prices through the roof as international migrants, young millennials and an apparent influx of foreign wealth flock to these two areas, Guatieri said.

THE CANADIAN PRESS



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Interns ripe for exploitation

You must be punctual. You must own your own car. You will be emailing and calling seven days a week at all hours. You must never make spelling mistakes in emails. You should be excited to work in the music industry.

The job posting on the Indeed website for an internship with the Epstein Management music agency reads like a union leader's nightmare.

Manager and promoter Amir Epstein says he's fielded at least two dozen applications for the position since it was first ad-

vertised in August. He said he doesn't believe his posting vio-lates the law. In Ontario, where Epstein Management is located, unpaid internships are legal only under certain criteria.

Epstein Management is far from the only company looking for unpaid interns despite Ontario's ongoing crackdown on the practice. More than a dozen ads on Kijiji seek volunteer labour.

The youth unemployment rate sits at 13.1 per cent — almost double the national average - as about 170,000 fewer young people are in the work-force than before the recession. Critics suggest that makes young Canadians vulnerable to exploitation from those seeking

Responding to a letter from

Sen. Claire McCaskill, Valeant chairman and CEO Michael

Pearson said the higher list

price for its two drugs won't

affect patients and will have a

"limited impact" on hospital

costs because reimbursements

free labour. Labour lawyer Andrew Langille said there's nothing wrong with internships that provide education and skills to young people without pay, but that the current lack of protections leaves the system ripe for exploitation.

market minute



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Science put to rest: A study of African and South American hunter-gatherers found pre-industrial people likely slept 5.7-7.2 hours/night — busting the myth that modern life has destroyed slumber

CAM TUCKER

DEFENDS BAUTISTA'S BAT FLIP

It was the bat flip to end all bat flips. Epic. Defiant. Oh, and of course it was controversial.

Jose Bautista, after launching the most important home run for the Toronto Blue Jays in more than 20 years and the most important of his career, stood at home plate and in a swift, strong motion, tossed the bat he used to drive his team to the American League Championship Series into the air before the customary trot around the bases at Rogers

It is now an iconic moment. Social media made sure of that. It's been 22 years since Joe

Carter won the World Series for the Blue Jays on a home run to left field at was then the Sky Dome, the shots of him leaping into the air with that uninhibited smile as he rounded his way into history still ingrained in the minds of Canadians. Pure

joy. No bat flip, though. Naturally, what Bautista did Wednesday was going to draw

Heck, the benches cleared when the triumphant hero reached home plate. It's garnered discussion throughout North America, on social media and sports talk radio, and has been written about on ESPN and Deadspin.

Among the notables to oppose Bautista's action is Texas pitcher Sam Dyson, who threw right into Bautista's wheelhouse and promptly watched the ball sail into the delirious frenzy of blue and white be-

If we demand our professional athletes remain stoic and subdued in their greatest moments, the fun and emotion is removed from the experience.

The home run wasn't just an ordinary home run. It was the biggest moment in Blue Jays history since Joe Carter. The celebration that followed was of sheer passion.



FLIPPING CONTROVERSIAL Jose Bautista's extravagant bat toss was fitting because he led the Jays to an epic comeback Wednesday, writes Cam Tucker. Darren Calabrese / THE CANADIAN PRESS

yond the left-field fence

Of Bautista's bat flip, Dyson told reporters in Toronto: "Just kind of respect the game a little more.'

And, "He's doing stuff that kids do in Wiffle ball games and backyard baseball.

Look, perhaps it would be justifiable to take issue with Bautista's bat flip if he busted that out in the middle of May against a team like the Oakland Athletics in the seventh inning of a blowout game. Forget disrespectful. Then it would just look silly

But this was Game 5 of the American League Division Series, winner take all. The Blue Jays trailed the series 2-0, looking dead and done, only to come roaring back to life, resurrecting fans who may have thought it was all over when the team departed for Texas for Games 3 and 4.

The three-run Bautista dinger broke open a 3-3 deadlock in the deciding game, providing

the climax to the emotional understatement — and now famous seventh inning.

It involved one of the strangest plays, when Toronto's Canadian catcher Russell Martin went to throw the ball back to the pitcher, hitting the bat of Rangers' Shin-Soo Choo — a live ball — leading to the go-ahead run for Texas. A lengthy umpires' review solidified the run, angering the Toronto crowd.

With the lead and nine outs away from advancing, the Rangers then committed three errors in the bottom half of the inning, leading to the Toronto comeback and Bautista's dinger. The benches clearedtwice. This wasn't ordinary. This was playoff baseball, if you'll pardon the expression, on steroids.

And the Bautista home run

wasn't just an ordinary home

run. He's hit plenty of those in his career with the Blue Jays. It was the biggest moment

in Blue Jays history since Joe

The celebration that followed was of sheer passion. Sure, there are boundaries

to celebrations. But how is Bautista tossing the bat any different from the New England Patriots' Rob Gronkowski spiking the football like he's trying to bury it?

If we demand our professional athletes remain stoic and subdued in their greatest moments, the fun and emotion, which is what October baseball is all about, is removed from the experience

Robots don't play the game. Humans do. And humans tend to celebrate great accomplish-

And that's why people shouldn't flip out over Bautista's bat flip.

Cam Tucker is a Vancouverbased sports reporter for Metro. He tweets at @ CamTucker_Metro.

metroview

Government approach to science reads sadly — like satire



It's been a great month for Canadian science, Queen's University physicist Arthur McDonald won the Nobel Prize for, as the citation reads, "the discovery of neutrino oscillations, which shows that neutrinos have mass. Curiosity-driven science done at the Sudbury Neutrino Observatory; pure science done in Canada by a Canadian.

Of course, pro forma congratulations were issued by the prime minister's office.

But sometimes satire can reflect reality better than anything true. Consider the recent Beaverton headline. 'Harper left wondering who let Nobel Prize winner Arthur McDonald talk to the media. It's not literally true. McDonald did his fair share of interviews talking about his work and stressing the importance of the government balancing basic and applied research. He didn't explicitly mention our government, but we all knew what he meant.

The Nobel Committee has a history of making subtle political points with their choices. It's not hard to imagine they saw this election as an oppor tunity to make a point about basic science while acknow-ledging a deserving Canadian.

Back in 2013, Canada's National Research Council abandoned its balance of pure and applied research for a nearly exclusive focus on industry-driven work. As the new director at the time said,

"Scientific discovery is not valuable unless it has com-mercial value." That's not how you discover neutrinos, or the principles of integrated circuits that underlie our entire

technological society.

Another headline too good to be true, this from the Syrup Trap: "Government of Canada pledges \$30 million to ignoring science." Again, we hear a deeper truth. From muzzling scientists, to dismantling the research libraries at the Department of Fisheries and Oceans, to cancelling the long-form census, to firing thousands of scientists and shuttering dozens of research programs, this government has been dead-set against the principles of open inquiry in

science and society.

And then there's "Tory candidate Sabrina Zuniga says ground will absorb oil spills." Oh, sorry, that's not satire. A Conservative candidate actually said that. It's hard to believe someone could be both so ignorant and contemptuous of public well-being.
Is this the kind of country

you want? Before you make your choice at the ballot box, research your preferred candidate's views on science and open inquiry. And after the election, contact your new (or re-elected) MP to say you sup-port evidence-based decisionmaking in public policy.

John Dupuis is a science librarian at York University. He blogs about science, libraries and politics at Confessions of a Science Librarian and tweets @dupuisj.



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MOVIES MUSIC TELEVISION DIGITAL

The great films that got away

GUILLERMO DEL TORO

Crimson Peak director has turned down big projects

Richard Crouse For Metro Canada



he has trained viewers to expect the unexpected.

His latest, Crimson Peak, is a spooky thriller starring Jessica Chastain, Mia Wasikowska and Tom Hiddleston that del Toro describes as an "almost classical gothic romance ghost story," before adding, "it has two or three scenes that are really, really disturbing in a very, very modern way." Also expect a fest for the eyes. "I'm not giving you eye candy," he says. "It's eye protein."

Films like Pacific Rim, The Devil's Backbone and Hellboy have made del Toro a fan favourite but for every film he makes there is Internet buzz about the movies he didn't make.

"I'm famous for the ones I turned down," he told me a few years ago in a candid conversation on my radio show.

Indeed a quick Google search reveals a list of hit films he said

The script for Se7en came his way but was judged to be too



Mia Wasikowska stars as Edith Cushing in Guillermo del Toro's Crimson Peak, opening this weekend. CONTRIBUTED

cynical for del Toro's tastes. Horror hits Blade: Trinity and AVP: Alien vs. Predator went to directors David S. Goyer and Paul W.S. Anderson respectively when Guillermo declined because he was too busy getting his version of Hellboy to the screen.

I asked him about that period. "To get Hellboy made you turned down..." "A lot," he said, finishing my sentence.

More recently he walked away from The Hobbit, a decision he called "extremely painful," and took a rain check on Star Wars: Episode VII The Force Awakens because "basically I have so much stuff already of my own, and I'm pursuing stuff that I'm generating already.

One project has kept the del Toro fan base purring for years, a proposed version of Franken-

"This is the one that I pursue and drop. It's daunting. This is the most important story in the history of narrative. The most important book in my life is Frankenstein and the most important movie is James Whale's Frankenstein.

"It's like that girl you have been dating for 35 years and you can't say, 'Would you marry me?'

"I read the book and realized nobody has done the book. It is amazing to me that nobody has done the emotions that are in the book. The way I want to treat the one I do is not to be slavish to the book but create the same effect the book has which is the incredible journey of the creature."

I ask if he has any second thoughts about the films he turned down.

"Every movie I have left behind or not done I don't regret at all but there's one that I can't help but wonder (about), Prisoner of Azkaban. I really loved

MOVIE RATINGS by Richard Crouse

Beeba Boys ★★★ Freeheld **Sleeping With Other People**

SEE IT **WORTHWHILE UP TO YOU** SKIP IT

the books. I don't love all the movies but at that stage I saw the first two movies and they were a little too happy for me. I thought, 'Do I really want to go on and try to change the entire universe like that?

The job of directing the third

Harry Potter movie eventually went to one of del Toro's friends, Alfonso Cuarón. "When I saw that movie I told Alfonso, 'I love you and I hate you. You made a great movie.' That's the only one that went away that I will always wonder about.'



Street artists word bomb

walls of Homeland set

Graffiti artists hired to work on the set of Homeland duped the popular series, painting Arabic slogans criticizing the show on walls seen in the background.

In the episode aired in the U.S. Sunday, star Claire Danes can be seen walking by slogans including "Homeland is racist."

Berlin graffiti artist Stone told The Associated Press that he and two friends initially weren't going to take the job, but then decided instead to use it to express their opinions of Homeland.

The caper was pulled off so well that even Homeland producer Alex Gansa gave the artists his grudging respect. "We wish we'd caught these images before they made it to air," he said. "However, as Homeland always strives to be subversive in its own right and a stimulus for conversation, we can't help but admire this act of artistic sabotage." THE ASSOCIATED PRESS

DINNER JESSICA ALLEN



We've been hit by election fever. I'm not talking about the 850,000 Canadians who cast their votes on the first day of advance polls - a 90 per cent increase from 2008's federal election. I'm referring to my couch, where for the last couple of weeks my partner Simon and I watched election-themed movies.

Three of these films, Wag the Dog, Primary Colors and Bulworth, hit theatres in 1998, while the fourth, The Candidate, came out in '72. They all reflect their time's dissatisfaction with political culture and how the cam-

If you believe the movies, a political campaign is as bad for a person's diet as it is for their moral character

paigning process erodes their values — the '98 trio with dark, sardonic comedy and The Candidate with hardly any humour at all.

There is only one singular common denominator, however, that serves this column: the food. It seems that candidates, at least fictional American ones, eat like crap. The travel and grind of campaigning means buckets of chicken, cold pizza, plates of barbecued ribs and Krispy Kreme doughnuts.

I've never seen Simon more devoted to this column than when he argued that we should eat KFC, for "research." I ate it often growing up, not so much the chicken as plates of their French fries covered in gravy and mixed up with their neon green coleslaw; a combination that I think would be my death row meal. Since I feared it wouldn't live up to my grease-tinted nostalgia - and having just survived a gluttonous Thanksgiving weekend - I refused.



THE MEAL: Krispy Kremes



But I caved on his request for the Krispy Kremes. We drove to an outpost on Monday night and picked up half a dozen of the classic glazed variety. While he ate five and I ate one, I wondered if, when the cameras weren't rolling, Harper, Trudeau, Mulcair and May have made doughnut pitstops during their federal election campaigning.
I hope they didn't, because

it seems as though — if you believe the movies — that a

campaign is as bad for a person's diet as it is for their moral character. Not once did we stumble across a film where an election bolsters a person's character, provides nourishment for the values of the great democracies they seek to serve, or paints anyone as being immune to the corrupting pull of power. "This is the price you pay to lead," John Travolta as Jack Stanton as Bill Clinton, says in Primary Colors — the best election

film we watched. "You don't think Lincoln was a whore before he was president? He had to tell his stories and smile his back-country grin. He did that so one day he'd have the opportunity to stand before the nation and appeal to our better nature. That's where the bullshit stops."

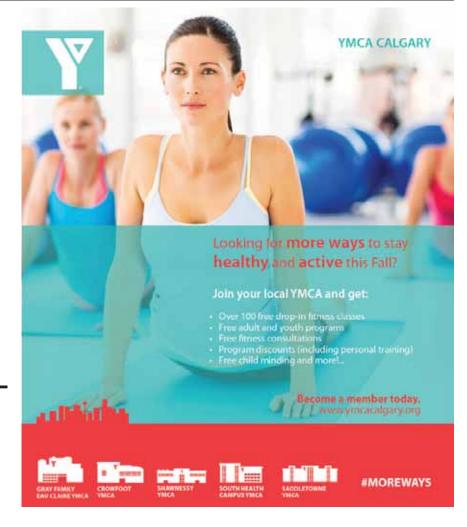
On Oct. 19, voters head to the polls and, in true Canadian fashion, we decided to watch American movies about American elections and American politicians — although our federal election has had its fair share of Hollywoodlike scandalous moments: The Conservative MP who pulled out of the race after a video surfaced of him peeing into a mug; the Liberal MP who pulled out after old, offensive tweets were dug up; and Alex Johnstone, the NDP candidate and a school trustee no less who confessed she'd only just learned what Auschwitz

But nothing as salacious as Donald Trump or Ben Carson, whose comments about the Nazis make Johnstone's seem positively enlightened.

God bless Canada.

Jessica Allen is the digital correspondent on CTV's The

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Shaking down the **American Dream**

99 Homes star wants people to wake up

Ned **Ehrbar** Metro | Hollywood

Andrew Garfield's latest film — post-housing crash drama 99 Homes — has given him lots to think about. We sat down with Garfield to discuss capitalism, greed, and human nature.

What was your perspective on the crisis in 2009 or so?

To be honest my expertise doesn't lie in the ins and outs of the economic crisis and the crash. I know that in the U.K. the Occupy movement was just as strong as it was and is in the U.S. They camped out on the steps of St. Paul's and there was a big debate about where they were coming from and whether they had anything to say or not. I believe they absolutely did,

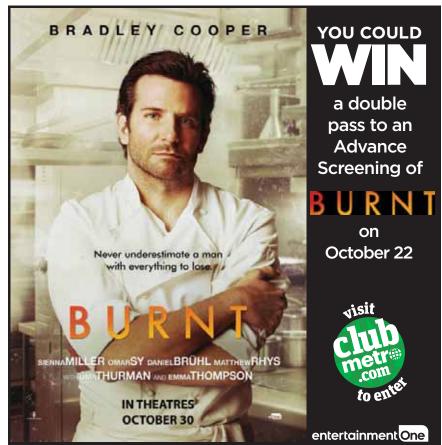


Andrew Garfield, front, in housing crash drama. CONTRIBUTED

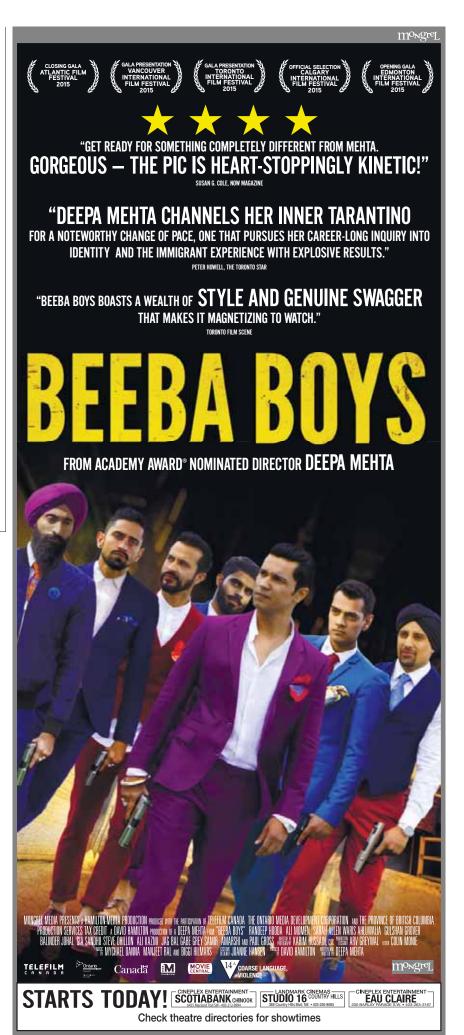
and do. As far as I can see, they were fighting for a reformation of a sick system, a sick and corrupt system that breeds selfishness and greed and separateness.

Can an economic system have a survival instinct?

Well, it's fear of change, right? ... "Why would we want to go with something different? This works! (Just) ignore the people who are dying.' Ignore the people who are getting hooked on drugs because they can't bear the pain of living a life unsupported by the American dream that claims they can be whatever the they want to be, which is bulls-... We're not supposed to be whatever we want to be, we're supposed to be ourselves. Each person has a very specific thing to do on this planet. That's my belief. You're not going to be Kanye West ... You're going to be you if you work at you. Why would you want to be anyone



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Now playing













HORROR Goosebumps

Director: Rob Letterman Starring: Jack Black, Odeya Rush, Dylan Minnette

Upset about moving from a big city to a small town, a teenager finds a silver lining when he meets the beautiful girl living right next door. But every silver lining has a cloud and Hannah has a mysterious dad.

ROTTEN TOMATOES™ SCORE Critics: Audience:







Director: Steven Spielberg Starring: Tom Hanks, **Mark Rylance**

Tom Hanks stars as the American attorney tasked with negotiating the release of a U-2 spy plane pilot who was shot down over Russia at the height of the Cold War in this historical drama. Steven Spielberg and Mark E. Platt produce a film written by Matt Charman.

ROTTEN TOMATOES™ SCORE Critics: **Audience:**

90%





HORROR

Crimson Peak

Director: Guillermo del Toro Starring: Charlie Hunnam, Jessica Chastain

When her heart is stolen by a seductive stranger, a young woman is swept away to a house atop a mountain of blood-red clay: a place filled with secrets that will haunt her forever. Between desire and darkness, between mystery and madness, lies the truth behind Crimson Peak.

ROTTEN TOMATOES™ SCORE Critics: Audience:

† 97%

DRAMA

Beeba Boys

Director: Deepa Mehta Starring: Sarah Allen, Randeep Hooda

Deepa Mehta mixes guns, bhangra beats, bespoke suits, cocaine and betrayal in Beeba Boys: an adrenaline-charged Indo-Canadian gang war. Gang leader Jeet Johar and his young, loyal, and often-brutal crew dress like peacocks, love attention and openly compete with an Indo crime syndicate to take over the Vancouver drug and arms scene.
ROTTEN TOMATOES™ SCORE

Critics: Audience:



MYSTERY & SUSPENSE 99 Homes

Director: Ramin Bahrani Starring: Andrew Garfield, **Michael Shannon**

Set amidst the backdrop of the 2008 housing market catastrophe, Dennis Nash, a hard-working and honest man, can't save his family home despite his best efforts. Thrown to the streets with alarming precision by real estate shark Mike Carver, Dennis is given a unique opportunity — to join Carver's crew.

ROTTEN TOMATOES™ SCORE Critics: Audience:

훹 90% 🦮 83%

DRAMA The Walk

Director: Robert Zemeckis Starring: Joseph Gordon-Levitt. Ben Kingslev

The Walk is the true story of a young dreamer, Philippe Petit, and a band of unlikely recruits who together achieve the impossible: an illegal wire walk in the immense void between the World Trade Center

ROTTEN TOMATOES™ SCORE Critics: Audience:

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DRAMA **Hyena Road Director: Paul Gross**

A sniper becomes implicated in the life of one of his targets; an intelligence officer becomes the engine of a plot to kill; a legendary Mujahideen warrior who forsook war finds himself in the center of one. Three different men, three different conflicts.

Starring: Rossif Sutherland,

ROTTEN TOMATOES™ SCORE Critics: **Audience:**







FANTASY

Pan

Director: Joe Wright Starring: Hugh Jackman, Rooney Mara

The story of an orphan who is spirited away to the magical Neverland. There, he finds both fun and dangers, and ultimately discovers his destiny — to become the hero who will be forever known as Peter Pan.

ROTTEN TOMATOES™ SCORE Critics: Audience:







MYSTERY & SUSPENSE

Knock Knock

Director: Eli Roth Starring: Keanu Reeves, Aaron Burns

When a devoted husband and father is left home alone for the weekend, two stranded young women unexpectedly knock on his door for help. What starts out as a kind gesture results in a dangerous seduction and a deadly game of cat and mouse.

ROTTEN TOMATOES™ SCORE Critics: Audience:



37% +88%

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Director pulls the trigger on gangs

BEEBA BOYS

Deepa Mehta explores Vancouver's Sikh gangsters

Richard Crouse For Metro Canada

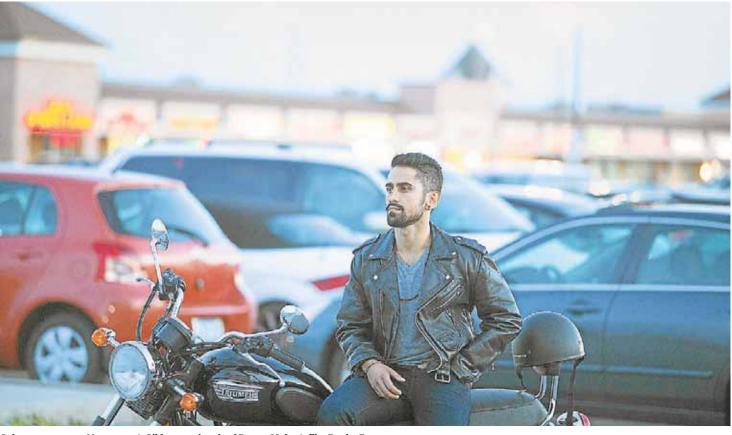
"The whole point of doing work is to surprise yourself and others," says Deepa Mehta. The director of art house hits like Water, Bollywood/ Hollywood and Midnight's Children will certainly raise a few eyebrows with her new film Beeba Boys.

The movie is a violent look at a Vancouver gang of second and third generation Indo-Canadian criminals known as the Beeba Boys. It features the first car chase in any of her films and certainly contains more gunplay and violence than any other of her personal, introspective movies.

"I've always been a sucker for gangster films," she says. "Tarantino, eat your heart out."

The Toronto-based Mehta first became aware of Vancouver's Sikh gangs from a CBC documentary. It's a violent culture she says the rest of the country is largely unaware of — "after you cross the Rockies it's like everybody has amnesia about what happens in our own country' - but one that gripped her.

"As a director it is really exciting for me to explore a world I don't know much about. It is a learning process.



A documentary on Vancouver's Sikh gangs inspired Deepa Mehta's film Beeba Boys. HANDOUT

Exploring this world of Beeba Boys, of gangsters, the search for identity, the desire to be seen, the looking for acceptance is a world that is very familiar to me but the way it is told is completely unfamiliar. That was exciting.

"They're not like the Mafia. They're not at all like the Triads. They're not at all like the Yakuza and they're not like the Hell's Angels. They are very culturally based and I found that fascinating."

Whether it is a period piece or a modern day film, Mehta's work turns the camera on her community and the underpinnings of that

Critics have expressed sur-



The story calls for gangsters focus on the guns will focus and of course they are not going to be carrying lollipops who know my work and wish in their hands.

Director Deepa Mehta

prise at Beeba Boys because when you put a gun in somebody's hand in a Deepa Mehta movie that's what draws all the attention.

"I'm just happy they are talking about the film," she

"The ones who want to on the guns and that's fine. Each to their own. The ones to see something that is not just on the surface will see that it is a continuation of my work.

Thematically it is a continuation of everything I've done because it is a film about identity but the story is different and the story calls for gangsters and

of course they are not going to be carrying lollipops in their hands. Let's get real."



less than 2 weeks

'The Kanye West of horror'

INTERVIEW

Jack Black talks playing R.L. Stine in Goosebumps

Ned **Ehrbar** Metro | Hollywood

Before we begin our interview, Jack Black lets it be known he'll be doing it fully reclining on a long stretch of sofa, staring at the ceiling.
"This is awkward, but it's

the way it has to be," he explains.

Black may be a bit exhausted from his work as a fictionalized version of author R.L. Stine in Goosebumps, an egomaniacal, reclusive author whose devilish creations come to life and run amok on a small Dela-

What do you think about the idea of being a recluse? Ever been tempted?

I am a bit of a recluse. I can relate to that part of Stine's personality.

There's part of that that just comes with the territory. You get in your Hollywood bubble and you try not to leave because you don't want to have selfies and autographs. So yeah, I get it.

But you've never gone fullon Howard Hughes?

No. I don't have those kinds of demons inside of me. At least not yet. Give me time.

I'll be bottling my piss in a few decades, I'm sure. If I live that long.

You're working with a lot of monsters who are not actually physically there.

Yeah, lots of special effects monsters and computer-generated animation.

Aside from King Kong, how much experience had you had with that?

Well, that's all I needed. King Kong was the king of all special effects movies. It wasn't just King Kong that I was pretending to see, it was thousands of prehistoric insects and lizards all over the place. You just had to imagine the whole movie. Every shot of King Kong had a special effect in it. It was mind-boggling.

So this was kind of easy in comparison. I was primed and ready.

There are not as many special effects in this one, is what you're saying.

I mean, there's tons in this movie, too. Those big set pieces are amazingly good, especially when you consider the difference in budget between this and King Kong, which was probably three times as expensive.

Rob Letterman is a wizard. He knows that world so well, and he picked his moments wisely where to spend the money, you know?

You're playing this at a particular level of bigness. How do you decide for each role how big to get?

I don't really think about the size of the dramatic levels.

I mean, yeah, there's giant creatures all over the place and the world is fantastical, so you can get away with a little more bombast and high drama in your performance, I suppose, but I was really just thinking about this character who is the genius writer who has these dark secrets and dark demons that he keeps hidden from the world. And for some reason that just said Orson Welles to me.

That seemed like the perfect person to model it after, so I watched Citizen Kane 30 times and then went to the set.

Did you discover anything about Citizen Kane you never noticed before?

That it's a f-ing great movie. That's no newsflash, though. Everybody says it's the best movie ever made. I discovered that Jack White has covered two songs from the

I can't remember which songs exactly, but Google "Jack White Citizen Kane" and you'll see.

Orson Welles aside, I did feel a lot of Tenacious D in this performance, that particular bravado and selfregard.

Right! Yes! I didn't think about that, but there was a narcissism there that was consistent with Tenacious D.

He's the Kanye West of

Had you read the books?

No, I didn't. I just read the script and flipped over that, and for that reason I don't think there's any need to have read the books to enjoy the movie.

I am a bit of a recluse. I can relate to that part of Stine's personality. **Jack Black**



Jack Black, Dylan Minnette, Ryan Lee and Odeya Rush star in Columbia Pictures' Goosebumps. Black plays the creator of the series with a lot of self-regard and bravado. HANDOUT

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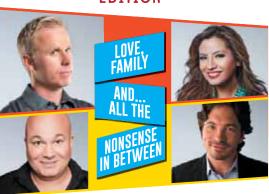
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INTERVIEW

One man's journey to find a dame with the right name

Steve Gow For Metro Canada

When he was about to turn 30 years old, Ravi Patel kind of freaked out.

Not only did the Hollywoodbased Indian-American actor break-up with his longtime girlfriend (which his traditional parents never knew about), but after joining the clan on a trip back to India, he accepted the challenge to find an Indian wife — and as custom states, she must also be a Patel.

Captured by his co-directing sister Geeta in Meet the Patels, we caught up with the siblings to talk about Ravi's romantic global journey.

When did you start to begin filming Ravi's journey to find a wife?

Ravi: We had a trip to India and Geeta had just finished her previous documentary (Project Kashmir) and she wanted to learn how to use a camera (and thought) I'll film the family trip. Geeta: I'm just focusing and learning how to turn the camera on and he's going 'don't you think its weird that mom and dad don't even know about Audrey (and now) they have this date they're trying to set me up on - don't you realize how weird our culture is?' Ravi: Somewhere we started to see something in there. We didn't know what it was. It was really just fun.

Your parents' personalities really shine through. I love your father's line 'after 35 years, your mother still doesn't know me and you want to know someone in

two years?' - which I think really speaks to today's generation.

Ravi: That's another thing about this movie - it's really allowed us to see our parents for how wise they are. Its true, the Western notion of relationships is basically figure out as much as you can make sure every I is dotted, every T is crossed — once you feel really secure, then lets move forward. And (my dad) is like, no, that's the whole point of a relationship. What you need to do is just get to a point where you both decide you're willing to commit.

And it clearly works because the other way around...

Ravi: Ya, 50 per cent divorce rate!

Meet the Patels opens in theatres this Friday.







Dunham takes swing at Sixties

TELEVISION

Move over, **Mad Men: This** show is about strong women

The writer and star of Girls is returning to HBO with her new comedy Max, which will take viewers back to the feminist movement of the 1960s.

Since 2012, Lena Dunham's series has given us an insight into the lives of Generation Y, with its many challenges, via four New York friends. With Max she takes us back to 1963, the time of the baby boomers and the second wave feminist movement.

Second-wave feminism

Her new heroine, Maxine Woodruff, is an ambitious writer, but works for magazines. She stumbles into the heart of a vibrant women's rights movement.

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Lena Dunham. GETTY IMAGES

Lena Dunham will direct the pilot of this series, whose setting is evocative of Mad

Director's chair

Dunham is no stranger to directing as she has already directed 15 episodes of Girls as well as the full-length movie Tiny Furniture.

She will leave the leading role to Lisa Joyce, an actress who has appeared in Boardwalk Empire, another HBO

Second-wave feminism

Lena Dunham is an artist committed to women's issues It is no secret that the New Yorker is a self-declared fem-

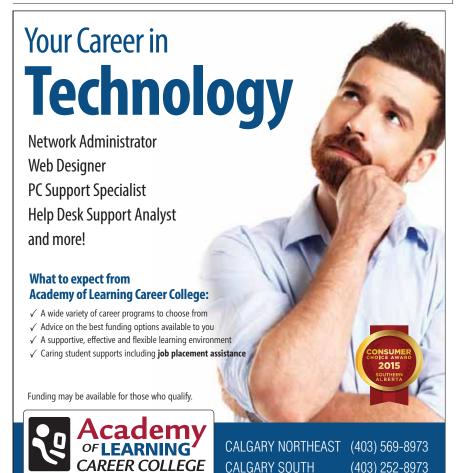
In September, she launched the newsletter Lenny.

The weekly publication, which covers subjects such as feminism, fashion and politics, recently featured an open letter from actress Jennifer Lawrence about the pay differences between men and women in Hollywood.

Her commitment is also clear in her autobiography Not That Kind of Girl, which was released in 2014, and in Girls, which will see its fifth and possibly next to final season begin on HBO in early 2016.

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RED DEER



Actress talks commune living and The **Banality of Evil**

Matt Prigge Metro | New York



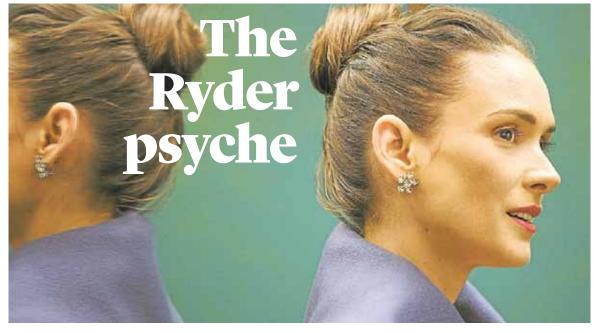
Winona Ryder has had her brushes with infamy and trouble, but that doesn't keep her from opening up. When we speak, she's gabby and funny, in part because she's really into her new film Experimenter, a semi-experimental biopic about Stanley Milgram (played by Peter Sarsgaard), the psychologist who did famous/ infamous tests on people's willingness to follow orders, no matter how inhumane they may be.

Ryder plays Milgram's devoted wife Sasha, though she's not just a typical movie spouse. It's a chance to work with Sarsgaard and director Michael Almereyda (of the playful Ethan Hawke Hamlet), both longtime friends.

And it's also nice to, as she puts it, "really mean the stuff you say in these (interviews).'

I know you had a fairly atypical childhood, growing up on a commune in Califor-

When I say I lived in a com-



mune for four years, people think I was in a cult. (Laughs) And it was not a cult at all. It was seven families in the Redwoods in Mendocino. But my parents were definitely on the intellectual side of the hippie movement. They were more sort of observers. They were activists and stuff, but it's interesting because in some sort of unconscious rebellion I

stayed away from a lot of those

Your form of rebellion would be doing the things most people do as rebellion.

Î never do yoga. We did it when we were kids. I don't do it now. I probably should I don't do drugs. Drugs were not encouraged, but my parents did have the thing of,

"Don't get them on the street. If you're really curious please come to us." I think that's a good attitude to have. But I didn't want to. (Laughs).

That's odd, since Timothy Leary was your godfather. This is his watch. (Shows watch with no numbers on it) But he was more of a godfather to me. He was very

protective. He never let anyone do anything around me. He would take me to baseball games, help me do my homework. He was the opposite of what you'd think Timothy Leary was around me. But there were a lot of people around then. It's a shame because at the time I didn't know who any of them were. They were just grown-ups. I

Drugs were not encouraged, but my parents did have the thing of, 'Don't get them on the street.'

Winona Ryder, on growing up with hippie parents

later found out one of them was John Lennon. (Laughs) I'm like, "What? Why didn't you tell me?" I wish I'd known.

You could have pestered him for Beatles stories.

Or, you know, not terrorized

Growing up, I imagine you were exposed to the stories of and ideas around Stanley Milgram, as well as Philip Zimbardo and Hannah Arendt.

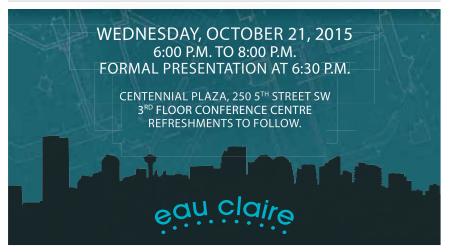
I remember the first time I found out about him. It was from the Peter Gabriel song We Do What We're Told, from the Us alum. I was driving with my dad and I was like, "What does this mean?" And he told me. And I'm a big reader. I've read about The Banality of Evil and about Eichmann, because I lost family in the Holocaust.

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Peter Sarsgaard's experimental role

INTERVIEW

Actor channels detached researcher in biopic

Matt **Prigge** Metro | New York



Peter Sarsgaard has played all over the place, from shy (Shattered Glass) to manic (Green Lantern) to killers (the third season of The Killing). But he says he's closer — in a sense — to Stanley Milgram, the noted and controversial social psychologist he plays in the experimental biopic Experimenter. Milgram's most famous work found himself exploring obedience to authority by having average test subjects administer what they believed were shocks to strangers. In fact, it was all fake, there to see how far they would go. Sarsgaard would never do anything like that, but he did relate to the way Milgram was detached and cerebral, which also describes the film.

This uses a lot of unusual techniques. For one, there's oldtimey rear-screen projection when people are driving. What were those like for you as an actor?

I've acted on stage. (Laughs)

When you're on stage you're used to a different kind of reality. It's like actors who've acted on green screen. They get used to that. Obviously the most easy to understand form of acting is two people in a room with working everything. You don't see the camera and you're having a conversation the way you'd have in life. That's fun to do and actors always enjoy doing that. A Cassavetes film is like that, although there's a kind of poetry in that. It's not the reality you and I are sitting in.

It's a heightened reality.

Yeah. Actors typically like doing that kind of thing. This I really enjoyed doing. I'm a cerebral person, but I always knew the film needed something else beyond the ideas that surrounded it. I was really interested in a guy who could be — by everything I read so dispassionate about what he was observing. This is a guy whose background was a Jew who grew up in New York in the '40s. Certainly some of the experiments of obedience to authority were influenced by what happened in Nazi Germany, for sure. But he never made that absolutely clear. He never said that was the point of his tests. There was never a political agenda. There was the dispassion of a trained scientist. I thought that was interesting to play as an actor.

He's often literally cut off from the people he's studying. During tests he's observing from behind a two-way glass.

When he would come in at the end of a session he would say he's the personal assistant because he didn't believe he was enough of an authority figure, so he would have someone else do it. Then he would

ask questions. I thought about how those were moments of confrontation for him, and how difficult they would be for someone like him — to be in the same room as them, to ask them questions. There's a safety to being on the other side of the mirror. That's a metaphor

How deep a dive did you do on the real Milgram?

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When I'm playing someone who was a real person it's not like I'm cracking them. I think about what's most interesting in terms of the movie or the scene. In Black Mass, the character I played, I looked at his picture every day. That's all I did. (Laughs) Because it doesn't matter. But with Stanley, I did a lot more research, even more than I've done with other roles, even

other real people. In scenes where he's interviewing people, I would feel the anxiety that he had about personal confrontations, even simple ones. Even with his wife (played by Winona Ryder), the one little fight we have is so massive in his mind. But he doesn't express any of it. As an actor it's a challenge to play someone who's not expressive. But it's fun.





Idris Elba trades in sexy for scary

NEW EII M

Actor takes on violent, gritty role in Beasts of No Nation

With legions of fans calling for him to be the next James Bond, Idris Elba welcomed a chance to go against type and play a ruthless warlord in Beasts of No Nation.

"It's a compliment but I always get told, 'Oh, you're handsome. Yeah, sexy Idris,' and I was like, 'This guy's not sexy. I want to play him,'" said the strapping star at the Toronto International Film Festival.

"There's definitely, if you like, a cosmetic approach to this character that I hadn't done before, I think," continued the London native, whose other characters have included a drug lord in HBO's The Wire, a detective in the British series Luther and the title role in Mandela: Long Walk to Freedom.

"(If audiences), let's say my lady fans, will watch this film like, 'Oh my God' — job done, as far as I'm concerned. That's what I tried to do."

In Beasts of No Nation, available to stream on Netflix starting Friday, Elba plays the savage yet charismatic Commandant. He's the chain-smoking head of a group of mercenary fighters during a civil war in an unnamed West African country.

Abraham Attah stars as the young protagonist, who flees his besieged refugee village only to be captured by Commandant's crew.

Emmy Award winner Cary Fu-



Idris Elba plays the savage yet charismatic Commandant in Beasts of No Nation, available on Netflix today. CONTRIBUTED

kunaga (True Detective, season 1) wrote and directed the film, based on the novel by Nigerian author Uzodinma Iweala.

It took him 10 years to get the film made. He shot it in Ghana as soon as he wrapped on True Detective.

Fukunaga unflinchingly delves into the horrors of civil war in some scenes, depicting brutal violence inflicted by child soldiers

While such scenes might be tough to digest, he says they're nothing compared to the real thing.

"What I know of war, the little I've experienced in the conflict zones I've been to and the research I've done, death is so much more gruesome than anything you've ever seen in a movie or even in documentaries," said the director of 2011's Jane Eyre and 2009's Sin Nombre.

"What I show in the film just barely creates the nausea that you would feel, the smell of death that you'd feel in a real place."

Fukunaga heard some filmgoers at the Venice Film Festival walked out during a screening of his film, and conceded it "maybe pushes, for some people, too far."

"But it's what I needed to show without it feeling, to me It's a compliment but I always get told, 'Oh, you're handsome.' ... and I was like, 'This guy's not sexy. I want to play him.'

Idris Elba on taking the role in Beasts of No Nation

at least, false about the experience that these children have to go through, the things these children are witnessing, the desensitization of these kids, even the adults who participate in these kinds of conflicts."

Elba said he studied the behaviour and tactics of some dictators but he didn't base Commandant on anyone in particular.

Rather, he envisioned him like a preacher who rallies up his troops with sermons and chants.

"The Commandant, although he's a military head, is the spiritual head as well, and that was a really interesting revelation for me," said Elba.

"It was like, 'Aha.' It was actually a way in for me as an actor, because I was like, 'I don't want

to do a moustache-twiddling ... bad guy."'

Elba said his father's Sierra Leone heritage, and his family's experience with the civil war there, was another reason he wanted to do the film.

"There was a massive personal attachment to the story in the first place," he said. "But the second, from a producer's point of view, I really wanted a story like this, films like this, to have the light of day — for people to see that through storytelling, you can, without being bashy on the head, you can give people insight into a very complex world." THE CANADIAN PRESS



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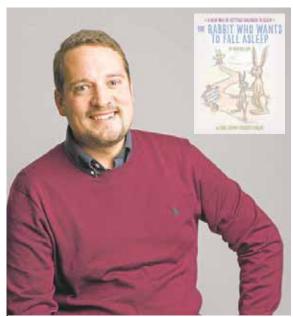
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Author Carl-Johan Forssen Ehrlin. THE ASSOCIATED PRESS

BEDTIME STORY

Parents cotton on to Swedish author's yawn of a bunny tale

You may have heard of Roger. He's the little rabbit in a new bedtime book that can't go to sleep, right now.

In a month's time, Penguin Random House acquired and released new editions of The Rabbit Who Wants to Fall Asleep, an unusually paced and illustrated read-aloud that a Swedish life and management coach first selfpublished back home in 2011.

An English translation followed last year, but it wasn't until August that the book climbed atop Amazon bestseller lists around the world after being embraced by parents.

So what sets apart the creation of Carl-Johan Forssen Ehrlin from the shelves of books already out there as sleepy-time books?

There were bedtime stories that had more focus on playing and pillow fights and, 'Oh, I don't want to brush my teeth,' and then on the last page it was, 'Oh, now it's time for you to fall asleep'," the soft-spoken author said in a recent interview. "What I tried to do is from the first page guide the child to the goal, which is relaxation and falling asleep."

Another thing in the book's favour: thousands of parents and online commenters reported successes. A smaller number reported the book failed their kids and an even smaller number considered it a tad creepy, with its full page of instructions on how

to emphasize certain phrases, inject yawns and insert the names of children into the story.

Bold text means a word or phrase should be emphasized, while italic text means a word or sentence should be read in a slow, calm voice. The name of the star, Roger, can be read as "Raaah-gerr," with two yawns.

Critics aside, the techniques lovingly integrated and tested by Forssen Ehrlin on preschool groups over more than a decade of finishing the book and building his own buzz on Facebook and Twitter are on solid sleepresearch ground, experts said.

Forssen Ehrlin, who has a bachelor's degree in psychology and is a guest speaker in communications at a Swedish university, said he consulted psychologists and therapists before he published. He wasn't a father at the time but now has a two-year-old son.

"I can really understand those parents who have struggled for many hours each night and not getting the child to fall asleep," he said. "I have had those nights myself with my boy."

THE ASSOCIATED PRESS

HIGHLIGHTS

Dr. Shalini Paruthi, a pediatric sleep expert says:

- · At 20 to 30 minutes to read, the book fosters a good wind-down span for kids and parents alike
- The instructions to readers, she said, include the suggestion that children lie down while listening rather than look at the pictures

Author dies to publish another day

Move over, Jonathan Franzen; shuffle on, Salman Rushdie the biggest literary stars of 2015 are ex-authors. So far, the late Dr. Seuss's Which Pet Should I Get? (penned around 1960), the James Bond novel Trigger Mortis written by Anthony Horowitz but incorporating unpublished dialogue and description by Ian Fleming from the early '60s), and Harper Lee's Go Set a Watchman (sitting in a safe-deposit box since 1957) have all haunted bestseller

lists. J.R.R. Tolkien may be next: his The Story of Kullervo is being published some 100 years after he wrote the manuscript.

The mining of vaults is picking up pace. Continuation novels that spin out the further advenlishers moving forward by looking back.

At a time when there are more books available now than ever before, authors' brands which survive long after their pens have dried up are invaluable.

Finnish folklore over 36 pages; the climactic scenes of violence exist only in

tures of Stieg Larsson's Lisbeth Noah Genner, President and Salander (The Girl in the Spider's CEO of Booknet Canada, says Web by David Lagercrantz), and that, when surveys ask why cona rushed synopsis of the ending Arthur Conan Doyle's Sherlock sumers buy books, "Almost aldrawn from Tolkien's notes. The Holmes (Bonnie Macbird's Art ways, the number one or number book pads out the story with a in the Blood as well as Kareem two reason is the author." surfeit of lectures and endnotes. Abdul Jabbar's Mycroft) find pub-Kullervo is an unfinished TORSTAR NEWS SERVICE TOP DOLLAR FOR TRADES! YES WE CAN FINANCE EVERYONE! 100% FINANCING AVAILABLE!



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Rowell brings fan-fic alive

YA author tackles her first full-on fantasy novel

Emily Laurence Metro | New York



Readers of all ages have devoured Rainbow Rowell's past books, including Eleanor & Park, but instead of sticking to what works, Rowell tested herself by experimenting with a whole new genre: fantasy. Her latest book, Carry On is about a teen named Simon (a character from her book Fangirl) who has been chosen to fight a battle he seems ill-prepared to fight. And this comes with all the other usual teen stuff, like breakups. Rowell gives us more scoop here:

What sparked the idea to give Simon Snow from Fangirl his own book? When I started writing

Fangirl, writing the Simon

Snow bit was a huge experiment for me since it was science-fiction or fanfiction, but I enjoyed writing it. I thought it would be fun to actually write these characters and not just through the lens of other characters. At first, I thought it was going to be a short story, but when I started writing, I realized it was more than just a romance. I really wanted to create this whole world Simon lived in.

Many people who read your books have created fan-fiction based on it. Did fan-fiction change the way you wrote at all?

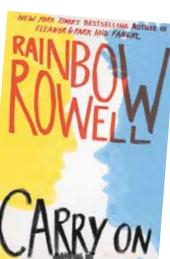
I don't look at any fanfiction at all for that reason. If I'm still working on something, I don't want someone to get in my head. But I do think it's pretty cool and flattering that people are writing fan-fiction based on my books.

Why do you think YA is popular with adults as well as teens?

The teen years are an incredibly popular time in our lives and is a vital part of shaping our personalities. It's when you make big decisions about your friendships and relationships with your parents. But it also goes by really quickly and everything is changing so fast that you don't have time to process it. So it seems natural to me that when you're 25, 35 or 45 to want to go back and think about it.

Is there anything in Carry On that you hope helps readers learn something new about themselves?

When I was writing it, I started thinking about how we sort of assign the next generation [a list] of things they need to do. And when you do that, you're telling them how they have to fit into the world and they're being raised to fight someone else's wars. Simon didn't have a choice in [his] battle. He didn't have a choice in his enemies.





I realized it was more than just a romance. I really wanted to create this whole world Simon lived in

Rainbow Rowell



Rainbow Rowell says if your fantasy world characters are strong enough you can take readers anywhere. CONTRIBUTED

CANADIAN PROTESTINA





Worth a thousand pictures

HUMANS OF NEW YORK

Photographer Brandon Stanton is still pulling heart strings

In the first two years of photographing people on the streets of New York City, Brandon Stanton mostly allowed the powerful images to speak for themselves.

"Ă lot of the time, the very first question out of my mouth is: 'What is your biggest challenge right now?" said Stanton.
"I find that if you just ask,

people are willing to share, because I think there's a validation of sharing your story.'

Stanton shares his slice-of-life snapshots alongside humorous and heartwrenching anecdotes on his popular blog Humans of New York.

He's amassed a sizable social media following with a combined total of more than 19 million followers on Facebook, Instagram and Twitter, and has even inspired imitators of the format in Toronto, Dublin and Mumbai.

In Humans of New York: Stories (St. Martin's Press), Stanton, 31, shares a few of his favourites as well as newer entries from his rapidly expanding catalogue. Whether it's a brief quote or a longer story, the text adds poignancy and greater insight into the individual before the lens.

In one photo, a man's hand is seen resting atop a Braille-

embossed page.
"I hated God for a long time," reads the accompanying caption. In another, a young man appears to use sign language to communicate with a young girl. The text reads: "I worry that one day she'll get separated from me, and nobody will understand

Stanton has broadened the blog beyond the Big Apple with visits to Pakistan and Iran. He also recently teamed with the UN High Commissioner for Refugees to speak with displaced people in Croatia, Austria and Greece.

"All of the stories were sad, but it seems like there would

be one every single day that completely punched me in the stomach and I was just carrying it around with me all day long, said Stanton.

"You know that you're leaving and there's not necessarily a solution for them, and you're leaving them behind in the same situation that you found them - and that is very tough."

The former bond trader turned photographer said he's able to support himself from speeches and book sales. But through the blog's popularity, he's been able to generate attention and funds for notable causes including his photo subjects.

In January, Stanton met a teen boy named Vidal who cited his principal, Nadia Lopez, as his greatest influence. Stanton documented the students and educators at the school, and launched a crowdfunding campaign to help send them to Harvard for a visit. More than \$1 million US was raised, with money also set aside for a scholarship fund. The campaign even caught the attention of the White House. Vidal, Lopez and Stanton met U.S. President Barack Obama, who is also featured in the new book speaking about his greatest influence. Both Obama and current presidential contender Hillary Clinton have also commented on HONY's Facebook page.

In Clinton's case, she responded to a post about a young boy afraid for his future and worried people won't like him because he is gay.

"Prediction from a grownup: Your future is going to be amazing," Clinton wrote. "You will surprise yourself with what you're capable of and the incredible things you go on to do. Find the people who love and believe in you — there will be lots of them."

Stanton said it's exciting to see the high-profile response to his blog, but he tries to stay grounded. "The bigger it gets and the more exciting things happen

... the more I try to narrow my focus for my own sanity and just focus on going out there every single day and having conversations with strangers.

All of the stories were sad, but it seems like there would be one every single day that completely punched me in the stomach

HONY's Brandon Stanton on taking photos and gathering stories from refugees



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OUSE OF CARS

Stanton says he often asks his subjects "what is your biggest challenge right now?" HANDOUT, THE CANADIAN PRESS



52 Weekend, October 16-18, 2015 Music | Metr@LIFE

MUSIC BRIEFS

Divorce him and split the bucks: Jay Z in court

Jay Z told a jury Wednesday that he believes he has a valid license to use Arabic music featured on his 1999 hit Big Pimpin' that is now the subject of a copyright infringement trial.

The superstar testified in a federal court, recounting his life, success and the creative process that led him and producer Timbaland to create Big Pimpin'.

Jay Z and Timbaland are being sued by an heir of Baligh Hamdi, an Egyptian composer who created the 1957 hit Khosara Khosara that has elements featured in the rapper's hit.

The rapper used a CD — introduced into evidence by a lawyer for Hamdi's family — to illustrate his point.

"We have the rights as you can see on the bottom of the CD," Carter told jurors, referencing liner notes that credits Khosara. THE ASSOCIATED PRESS

Babymetal is just the tip of the idol iceberg

IDOL BANDS

Girls dress as condiments and perform as Hamburgirl Z

Alan Cross For Metro Canada

"Have you ever been to Japan?" The former Canadian embassy worker and I were talking at a music industry event. "It's as close as you can get to Mars without leaving the planet." He meant no insult; he was just trying to convey how different Westerners find life in cities like Tokyo and Osaka. He paused. "And don't get me started on idol bands."

Ah, the idol. This is a peculiar Japanese construct with no analogue in this part of the world. Think of it as a media personality — often but not exclusively a musical group — who is marketed for their cuteness, youth, sweetness, innocence and/or cool-

ness. Idol groups are like manufactured boy or girl bands but created at an industrial level by talent agencies, promoters and even corporations.

It's not what anyone would called "serious" music, but the idol industry is seriously popular and an extremely profitable part of Japanese music culture.

For example, there's Morning Musume, who have been around forever and hold the record for the most consecutive Top 10 singles for a Japanese artist with 10.

AKB48 is the biggest idol group with at least 140 members (no, that's not a typo) and domestic sales far north of \$200 million.

Then there's Babymetal which features three moppets singing and dancing in front of a fierce death metal band. Once you get over the shock of the cute pop vocals vs. metal guitars juxtaposition, it's impossible to look away.

Even more extreme is Ladybaby (more J-pop than idol, but still) featuring Ladybeard, a metal-singing, cross-dressing ex-professional wrestler from Australia bookended by two adorable schoolgirls. The effect is like a concussion grenade.

My latest discovery is The West Japan Hamburgirl Z, a 15-member girl group who sing songs and dance dances inspired solely by a love of hamburgers.

When they perform live, each member has a different burger ingredient on her head, ranging from the expected (a beef patty, which is Riinya's thing, making her the front person, I guess) to the very Japanese (eggplant, Awajishima fish). And before you ask, Hamburgirl Z does have a bacon specialist: Tsuumin, who says her favourite word is "Thank you."

As is the custom with idol bands, each member is also given a specific identity to help us tell them apart. Riinya for example, is partial to horse sashimi. Her motto is "If you believe, anyone can be Cinderella."

Trust me: Whatever NASA discovers on Mars the Japanese idol industry will have it beat.

For more from Alan, go to AJournalofMusicalThings. com or follow him on Twitter at @alancross.



Members of Japan's idol group Babymetal, (from left to right)
Moameta, Su-Metal and Yuimetal, perform pop lyrics and
dance in front of a death metal band. TORU YAMANAKA/GETTY IMAGES





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Forbes announces richest YouTubers

INTERNET

Gamer, pranksters, dancing violinist top list

YouTube's top-earning celebrity is a 25-year-old videogame-playing jokester who took in \$12 million over the past year.

Forbes magazine says Sweden's Felix Kjellberg, better known by his handle PewDiePie, tops its first list of people who have spun short online videos into huge piles of cash.

YouTube stars make money mainly by getting paid to interact with products on their channels and sharing ad revenue with YouTube. Some also star in movies, write books, go on tour, sell music or cut endorsement deals. They're a hit with younger audiences and brands trying to reach the next generation



Felix Kjellberg, a.k.a. PewDiePie, took in \$12 million in the last year. GETTY IMAGES

of consumers.

Two acts tied for second on Forbes' list, both earning \$8.5 million: comedy prankster duo Smosh — Ian Hecox and Anthony Padilla — and the Fine Brothers, Benny and Rafi Fine.

Dancing violinist Lindsey

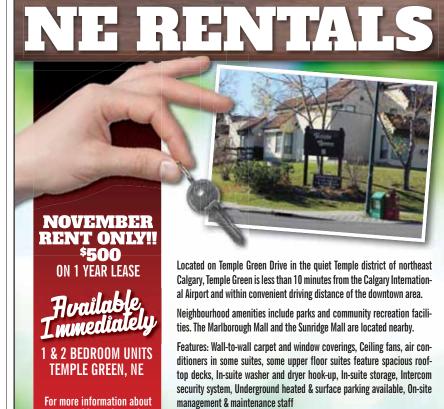
Stirling ranked fourth with \$6 million. Tied for fifth were comedians Rhett and Link made of Rhett McLaughlin and Charles Lincoln Neal III — and video game commentator Olajide Olatunji, known as KSI, with \$4.5 million.

Make-up artist Michelle Phan was seventh at \$3 mil-

The No. 8 slot was a threeway tie at \$2.5 million shared by comedian Lilly Singh, or Superwoman; prankster Roman Atwood; and chef Rosanna Pansino.

Forbes is best known for its list of billionaires and the list appearing in its Nov. 2 issue marks its first stab at ranking YouTube stars.

It says it measured earnings before management fees and taxes and came up with the figures based on data from online sources such as Nielsen, IMDb and interviews with managers, lawyers, industry insiders and the stars themselves. THE ASSOCIATED PRESS



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54 Weekend, October 16-18, 2015 Election | Metr@LIFE

PREADY TO PARTY

The longest federal election campaign in Canadian history is finally nearing its close. Celebrate the winners, the losers, the haircuts — and most importantly, the end!

Where every big cheese is a winner

Devon Scoble

For Metro Canada

Politicians come and go, and no matter who wins the top prize on Monday night, they'll likely disappoint us at some point.

But a well-executed cheeseboard (and a good selection of wine and beer to wash it down) always delivers.

Just ask Shawn Rusich, founder and director of Butter Public Relations, a boutique PR firm focused on food, hospitality, and lifestyle clients.

He's spent the last 15 years working with some of the industry's top professionals, including Martha Stewart, Giada de Laurentiis and Mario Batali, and he's shared his tips for hosting a winning election results party.

Follow Rusich's suggestions for a politically inspired cheeseboard that sets a light mood and encourages cheesy humour:



Once-upon-a-federal-election, Rusich would have suggested a strong, unique "love-or-hate type of cheese" with an orange rind, like OKA Classique. But for Mulcair's NDP, he suggests "a more palatable **OKA Light**" with 30 per cent less fat.

Pair it with: An unoaked Chardonnay.



"Like any blue cheese, the Conservative Party has become something of an acquired taste in recent years," says Rusich. If you're not a fan, even a little will leave a bad taste in your mouth. The Cons don't support proportional representation, but it's essential for a democratic cheeseboard, so grab a big chunk of **Bleu Bénédictin**. "It's arguably Canada's most famous blue cheese," he says, "and it crumbles as easily as the Conservatives' approval rating!"

Pair it with: A late-harvest Riesling or your favourite ice wine.



For the Greens

"We can all agree that Elizabeth May has helped the Green Party appear less hippy dippy and more multi-platform than ever thought before," says Rusich. "We can also all agree that it's still a grassroots underdog." Farm House Heidi is a Gruyere-like cheese with rich flavour and a pleasantly grassy taste that comes from May's home province, B.C.

Pair it with: A dark and heavy stout, like Mill Street's Oatmeal Stout.

For the Bloc Québécois

"Laliberté is a Canadian Grand Prix of Cheese winner, and a creamy companion to any cheese board," says Rusich. "In fact, it's so good it might be best to separate it from the rest of your election-themed cheese— to protect its unique and independent identity, of course."

Pair it with: A bubbly, like Henry of Pelham's Cuvée Catharine Rosé Brut.



For the

in the polls.

from Niagara.

Liberals

"Canada's oldest political party

preferably one with a little sex

appeal, like its floppy haired

leader," says Rusich. Bothwell

Red Wine Extra Old Cheddar

is a celebratory choice that

reflects the Grits' recent gains

Pair it with: A bold Cab Sauv

deserves a mature cheese -

For the undecided

Bummed that your favourite party lost? Sad about our first-past-the-post system? Disappointed in yourself for not casting a ballot at all? Canadian elections leave plenty of room for disappointment, but there is a homegrown (temporary) cure for your electoral woes, and you don't have to wait for the next campaign to try it: whisky. Rusich recommends Tap 357 Maple Whisky to soften the political blows.

Pair it with: Bitter tears.

SET THE MOOD

Election night fever

Whether incoming results have you feeling Helpless or make you want to Rant and Roar, Rusich suggests a playlist with the best of Canadiana on repeat. Opt for gentle lighting. "create a relaxing atmosphere," says Rusich, "because nothing gets people more fired up than politics!"

It's fun asking guests to ac-

cessorize with the colours of their preferred party, or to play election prediction games with Oscars-style scorecards says Rusich, but don't push for specifics. "Voting can be very a personal choice for some and they may feel uncomfortable divulging (their) decisions in a room full of people."



DRESS UP FOR THE NONPARTISAN Don't want to wear your political colours on your sleeve? Two moments from the 2015 election standout as possible party night themes.

In August, a group of Boy Scouts stole the show at a campaign event for Conservative Leader Stephen Harper in Campbell River, B.C. To get the look, pair green, tan or black shirts or slacks with either a striped or a solid red or orange neck scarf.

For those looking to stay more relaxed, there is always the meme-inspiring bathrobe guy, who was spotted in the background of a heated exchange between the head of a private men's club in Toronto and Liberal candidate Chrystia Freeland, also in August. PHOTOS: CANADIAN PRESS AND JESSICA SMITH

ELECTION WHERE TO STAY INFORMED

On television

• Catch election coverage on the major TV networks.

Online

• Follow election night coverage at metronews.ca. On Twitter, The @Canadaland crew will tweet from the Monarch Tavern's Election Night Party in Toronto.

Social media

• Metro will be posting election selfies to our Instagram account, metronewsca. And don't forget Sluts Against Harper is a saucy account that promises to send nude selfies to anyone who can prove they've voted. Find them on Instagram at @votes4nudes.

\$75,000 brothel stay probed

Odom's \$75,000 visit to the brothel where he was found unconscious as the former NBA and reality TV star remains hospitalized and the Kardashians spar with the brothel owner over media attention surrounding the ordeal.

There's been no official word on Odom's condition, but the Rev. Jesse Jackson visited him Wednesday and said he's on life support.

Odom's grandmother, Florence Odom, declined to comment on his status Thursday, saying she was becoming distressed at unfounded speculation that her grandson would be taken off life support. His father, Joe Odom, also declined to discuss his condition.

Nye County law enforcement and brothel officials said Odom's incident was a rarity for the Love Ranch, in the rural community of Crystal, and have summed it up as a possible drug-related medical episode.

"We're going to be looking at the entire situation, how he actually came to be where he is now," Nye County Sheriff Sharon Wehrly said at a Wednesday news conference.

Odom was found unconscious at the brothel Tuesday with white and reddish substances coming from his nose and mouth. His breathing was consistent, but he seemed to be in a deep sleep-like state, Hunter said. He was to be flown by helicopter about 130 km southeast to Las Vegas but had to be taken by ambulance because he couldn't fit into the aircraft.

Authorities took a blood sample from Odom to find out if he overdosed on drugs or alcohol, but the results could take several weeks. THE ASSOCIATED PRESS

A reality TV relationship that had no shortage of drama



Khloe Kardashian and Lamar Odom in happier times in 2009. Inset: Kylie Jenner, second from left, Kourtney Kardashian and Kim Kardashian exit through a back door after visiting Odom at Sunrise Hospital & Medical Center on Thursday in Las Vegas. CHRIS PIZZELLO/THE ASSOCIATED PRESS FILE; INSET: DAVID BECKER/GETTY IMAGES

Their marriage fell short, but she's by his hospital bedside

Khloe Kardashian was a reality TV star. Lamar Odom was a star athlete. Their whirlwind romance was tailor-made for titillation.

They met at a party and, within four weeks, went from giddy lovers to newlyweds, with their wedding showcased in 2009 on Keeping Up with the Kardashians. Four years and a spinoff reality show later, they were headed to a divorce that she instigated.

The relationship, hatched in the glittery wealth and designerlabel cocoon of the family's E! television series, became shadowed by his problems and her

But Kardashian, who has said that she never stopped caring, rushed to the hospitalized Odom's side after he was found unconscious at a Nevada brothel. And, with their divorce not completed, she may yet hold decisions about his medical care in her hands: Nevada law gives a spouse top decision-making

power when a patient is incapacitated.

Though the divorce proceedings plodded along, Kardashian never really let go. Odom and their failed relationship, and what she considers his failings, "will weigh on me for the rest of my life," she said on Keeping Up last season.

"That wasn't what I wanted, so for the rest of my life I'm going to deal with that and worry about him and think about him and want just to protect him, she said.

Initially, however, it was the couple's playfulness that was strenuously on display in Khloe & Lamar, which launched in 2011 and aired for two seasons.

But frustrations set in. They were unable to conceive a child, something that apparently weighed on both of them. Instead, they produced a perfume called Unbreakable Bond.

Their marriage became increasingly defined by his personal and career woes. His NBA career, which included winning two championship seasons with the Los Angeles Lakers, was crumbling. A 2011 trade to the Dallas Mavericks left him depressed, and a stint with the Clippers proved the end of his NBA career.

A month later, he was arrested for investigation of drunken driving in Los Angeles, later pleading no contest and receiving three years' probation.

And on an episode of Keeping Up that aired last season. Kardashian told Brody Jenner she was keeping a painful secret of infidelity to herself.

"No one knew until he got so sloppy and started messing with all those girls and all those girls want to do is their 10 seconds of fame. I can't really talk about it. I'm going to start crying," she said. THE ASSOCIATED PRESS

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TATTOO & ARTS FESTIVAL

Get your ink on

About 400 of the best tattoo artists from Calgary and around North America are gathering at the BMO Centre Oct. 16-18 to show off their art and make some more.

The Calgary Tattoo & Arts Festival, the biggest show of its kind in the country, will also include Tahitian tattoo artists doing a hand tapping demonstration, live music, contests, a couple of seminars and

And of course, you can get a tattoo. Those people wanting a little more colour in their lives, and on their skin, can book a time to get ink done with one of the leading tattoo artists says Steve Peace, a local tattoo artist and organizer of the Calgary Tattoo & Arts Festival.

"It's a great place to search out an artist or look for a new one," he says. "There is a talent bar. You have to apply to get to the show so the general public knows that every artist there meets a certain standard." And some surpass every standard.

Take Nikko Hurtado, a legendary California tattoo artist who specializes in colorful portraits of famous people, fictitious people, even Ninja Turtles. He's one of many of the internationally renowned artists coming to the festival. "No one can match his portraits," Peace says. "He is the best. People can't even get close to him."

But even if you aren't ready to commit to getting one particular tattoo (or a sleeve full), the show is a great opportunity to see what art is happening and meet the artists at the leading edge of tattooing.

You don't have to get tattooed at the show," Peace says. "You can just go and check them all out in one group it saves you driving around to see the 80 or so shops in Calgary. They will all have their portfolio there, it's a great place to go and see what people are doing.'

And what people have been doing a lot of in the last few years was script. More recently, customers are asking for things like clock faces, compasses and owls, says Peace. But those tattoos may have reached peak popularity.

"There are certain things that are really popular that some artists steer away from," Peace says. "You try to be as cutting edge as possible so when someone comes and asks you for a clock face or a compass you try to draw it up in such an original way that it kicks ass over everyone else's

Customers are influenced by the tattoos they see online and elsewhere. And tattoo artists strive to give them what they want but in their own signature style.

'People come to you for what you do," Peace says. These days, he's working a lot

with realism and layering in as much detail as possible. "I do a lot of photography — lots of flowers and I have a couple of human skulls and I light them up in a certain way so that it's my reference no one else will have it," Peace explains.

Tattoo artists — and their customers — want originality. "You want to do realistic stuff that's fun but as soon as it gets popular you kind of want to go more custom," he says. To that end, Peace and his colleagues at Immaculate Concept Tattoo in Calgary have developed one particular new tattoo that they will reveal at the show.

He's pretty sure people will love it and start asking for one. But he won't say what it is. It's top secret, until they reveal it at the festival.

Come to show and make the world a better place

The Calgary Tattoo and Arts Festival supports Five Dollar Planet, a not for profit organization that raises money for schools and organizations in places like Thailand and Cambodia.

It was set up by Steve Peace's three kids after the family went to Southeast Asia in

"We saw so many people in need of so many things," they write on fivedollarplanet.org. "Our parents have always told us that it is our responsibility to help each other and that even though we are just kids that we can make a difference."

The idea if the kids can each donate \$5 a month, so can you.

And because the kids don't have any overhead, or have to pay a CEO, pretty much 100 per cent of what they bring in goes to help worthy organizations in Southeast Asia.

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Tattoo by Mat Hurtado. CONTRIBUTED



MARTS FESTIVAL

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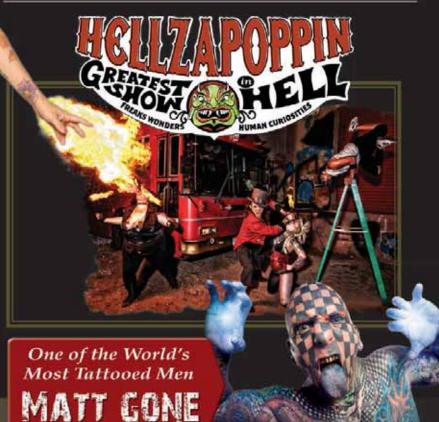


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TATTOO & ARTS FESTIVAL SPONSORED CONTENT

Don't want to regret your tattoo? Do listen to these helpful tips

Calgary-based tattoo artist, Steve Peace, of Immaculate Concept Tattoo, shares his tattoo 'don'ts'

For all those aspiring tattoo artists out there, there are some basic rules you should know (and follow) before pulling out the ink.

Don't ever get tattooed in someone's house. "Ever, ever, ever."

Don't get a tattoo while traveling in a third world country. "That's not a great time to get a tattoo," says Peace. You can get hepatitis from a tattoo so hygiene and sterile equipment and water are paramount. When you're traveling, cleanliness may not be up to snuff and they may not have access to sterile water. "They may be using bottled water or tap water and that's the scary part it's not even the needles. It's what they use in the process."

Don't get suckered into cheaper hourly rates. You get what you pay for. "You're not just paying for your tattoo," says Peace. "You're paying for all thousands of tattoos we've done already to make your tattoo even better." Besides that, an inexperienced, cheaper tattoo artist could take "two or three times longer" to do your ink, so the math doesn't really add up to any savings. One tattoo could take an hour

or 30, depending on the detail.

Don't drink the night before getting a tattoo. "If you go out on a bender the night before, you will bleed all over the place and it's no fun at all." Also, you'll hit the "wall" faster. "Everyone's wall comes at a different time once you hit the wall, it's hard to get tattooed after that"

Don't skip breakfast, or lunch, before getting a tattoo. Getting a tattoo requires a lot of mental energy. That's why some people can only take the needle for an hour, while others can lay on the table for 12. "When I get tattooed, I will have a big breakfast and take energy bars," says Peace. "You need to keep your energy up."

Health Educators are presenting a seminar at the Calgary Tattoo and Arts Festival that will cover important topics about staying safe while getting inked.

Designed as a refresher course for professionals including tattoo artists and body piercers, it's also a great introduction for people who are new to the body modification industry, studio owners and managers and apprentices.

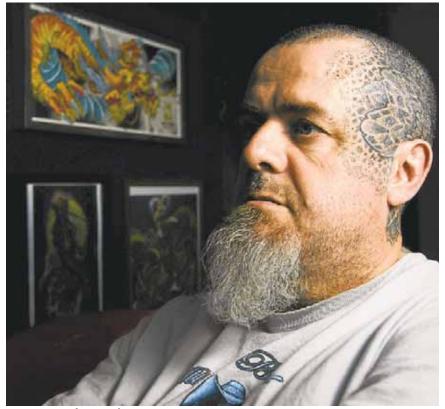
Presented by 'Health Educators Inc: Education for the Modification Industry,' people will learn more about bloodborne pathogens and principles of infection control, sterilization, studio environment and documentation as well as legislation. There will also be plenty of time for a thorough discussion period.



Tattoo by Steve Peace. CONTRIBUTED



Tattoo by Mat Hurtado. contributed



Steve Peace, of Immaculate Concept Tattoo. CONTRIBUTED



Tattoo by Jamie Schene. CONTRIBUTED

See the Latest from Europe

Two artists from the very prestigious Black Anchor Collective in Hesperia, California are just back from the London Tattoo Show and a fast trip to Amsterdam for a painting workshop.

Jamie Schene and Mat Hurtado are bringing their outstanding fine painting style and displays of their work to Calgary.



Robert Williams. CONTRIBUTED

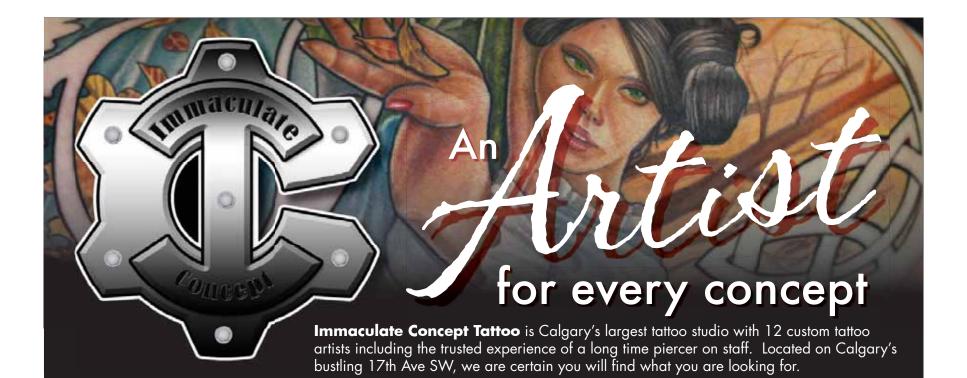
Meet the Man behind the Cover

You can meet the artist behind the Guns' N Roses album Appetite for Destruction, Robert Williams, at this year's Calgary Tattoo & Arts Festival. As well as creating the controversial cover, he's also known as the creator of Juxtapoz Art & Culture Magazine

Friday Night is Adult Night

The world's greatest circus stunt show, Hellzapoppin Circus Sideshow Revue along with special guest Masuimi Max and Matt Gone will entertain the adults at the show. You have to be 18 or over to get in.





Pin Ups Kris Chisholm

New School Alix Ow

Lifelike
Tony Clemence

Greywash Nathan Harker

Classic Luke Van Wyk

Headshots Melissa Bennett Painterly Jimmy Munkaspeni

Whimsical Niki Nix

Mative Tribes Deano Robertson

Realistic Steve Peace

Stylin Adam Kathrens

Plus Piercing Misa Rondic

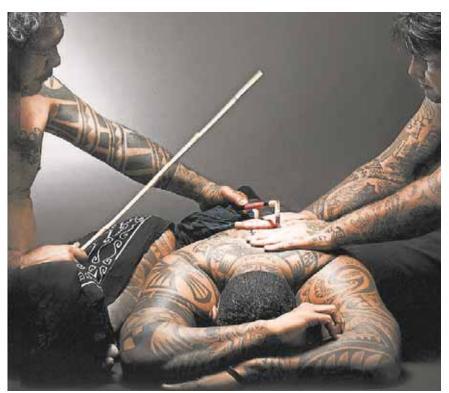








TATTOO & ARTS FESTIVAL SPONSORED CONTENT



Artists from the Polynesia Tatau Show will be doing demos at the Show. CONTRIBUTED

The tale of the tattoo

Polynesian tattooing dates back 2,000 years. And when Captain James Cook arrived in Britain after sailing around Polynesia in the 1700s, he brought back the first known European reference to the word "tattoo."

"I shall now mention the way they mark themselves indelibly, each of them is so marked by their humor or disposition," Cook's naturalist, Joseph Banks, wrote in his journal about the voyage.

Cook is credited for bringing a Tahitian man named Ma'i to Europe, whose tattoos received a lot of attention. European sailors were also coming home from Polynesia with their own tattoos.

In Polynesia, tattooing was a sacred ceremony with your achievements and social status determining where the ink would go on your body. Getting a tattoo marked an important event or rite of passage and the more ink you had, the higher your rank in society--those at the bottom of the social ladder wouldn't have any tattoos at all.

Women didn't get as many tattoos as the men. And while men would be tattooed all over, including their faces, women would only get tattoos on their arms, hands, feet, ears and lips. Before a man got a tattoo, he

WIN A TRIP FOR TWO TO TAHITI

Feeling lucky? Along with getting a great tattoo at this year's Calgary Tattoo and Arts Festival, you could also have a chance to win a trip for two to the tropical paradise of Tahiti. The show has partnered up with Air TahitiNui and the Polynesian Tatau Convention that runs March 30 - April 3, 2016 to bring you a chance at winning. All you have to do is come to the show and enter for your chance to win.

had to abstain from food, sex and any contact with women. But afterward he was inked up, it was said that women found him far more attractive.

But guys didn't get tattoos just to get the ladies. A tattoo was seen as a way of telling the world about the person who wore it. Plus, the Polynesians believed tattoos attracted spiritual power, protected people and gave them strength. Their ink displayed their life force and was a sign of character, position and status.



Your essential daily news

Airbnb competition offers night for two in Paris Catacombs for Halloween

Road-tripping up the beach

Fall the perfect time to visit this giant sandbar in the sea

Vawn **Himmelsbach** For Metro Canada

There's really no bad time to visit the Outer Banks in North Carolina, but the shoulder seasons offer summer-like temperatures (at least from a Canadian perspective) without all the summer crowds.

One of the best ways to experience this giant sandbar in the Atlantic Ocean is road-tripping "up the beach," stopping along the way to hike, bike, kayak, surf or hang-glide.

The Outer Banks is a chain of barrier islands linked by coastal highway NC12, home to some of the largest tracts of undeveloped beaches in the country. That means no hotels, resorts, restaurants, shops or hawkers lining

the beach — just sand and sea. The four islands, collectively known as OBX, are home to half a dozen national and state parks, with six towns and 12 coastal villages to explore. On the eastern side, you'll find sand dunes and the pounding surf of the Atlantic Ocean — perfect for surfing. On the west side, you'll find the Sounds, with calmer water ideal for sea kayaking and windsurfing.

Getting there

Fly into Raleigh and rent a car



An aerial view of the beach at Ocracoke in North Carolina. The Outer Banks is an ideal fall destination for outdoors activities such as kiteboarding and hang gliding. VISIT N.C.

(make arrangements to drop off the car at the airport in Norfolk, Va., if you don't want to backtrack). It's a two-hour drive from the airport to Little Washington, one of America's coolest small towns and worth a stop for the night; it's another two hours to the Swan Quarter ferry (book a spot in advance), which will drop you off in Ocracoke at the southern tip of the Outer Banks.

Ocracoke

Ocracoke Island offers a 16-milelong stretch of beach along the Atlantic Ocean — all part of the Cape Hatteras National Seashore. It's perfect for water sports; take surf lessons with Ride the Wind (which also offers paddleboard yoga). Or head over to the Sounds for sea kayaking (Ride the Wind Kayak Trips offers guided full moon tours). In town, hike or bike out to Springer's Point through centuries-old oak trees dripping with moss, to the beach where the infamous pirate Blackbeard was beheaded in a bloody

The village of Ocracoke has a laid-back, island vibe, and locals are proud of the fact there are no chains here; all the shops and restaurants are locally owned. Explore this quirky town on foot or by bike, and stay in a restored island cottage or cozy B&B (like The Cove, which offers beach chairs and bikes). You can also camp outside of town; the Oc-

- WELCOME

After this month's historic rains, neighbouring South Carolina is mounting media campaigns to let visitors know tourist destinations are open, as are the roads leading to the coast.

THE ASSOCIATED PRESS

racoke Campground is located beside the dunes, across the road from the Hammock Hills Nature Trail.

Hatteras

Drive up the beach until you reach the northern tip of the

island, where

you'll catch the ferry to Hatteras Ísland (it's free, and takes about an hour). The further north you drive, the more developed it gets. But, like Ocracoke, there's an array of outdoor adventure companies here offering everything from windsurfing to surf fishing.

Work those glutes by climbing the striped Cape Hatteras Lighthouse — the tallest beacon in North America at 210 feet - at night, under a full moon. Or go on a trail ride through maritime forest and along the seashore with Equine Adventures.

Rest up at the Inn on Pamlico Sound, a European-style boutique hotel with coastal charm, which offers sweeping views of the Pamlico Sound. Head down to the dock and learn to kiteboard, wakeboard, windsurf or stand-up paddleboard. If you're experienced, you're welcome to bring your own equipment and use on-site storage.

Kitty Hawk and Duck

As you drive up the beach, stop along the way for a swim or explore a nature trail. Once you reach Kitty Hawk, take a hanggliding lesson — after all, the wind and sand brought Wilbur and Orville Wright here, where they achieved the first successful airplane flight in 1903 (there's a Wright Brothers National Memorial along NC12).

Take a lesson with Kitty Hawk Kites in Jockey's Ridge State Park, where you'll hang-glide down the face of the tallest sand dunes on the East Coast. There's also kite flying, hiking and picnic facilities in this 426-acre park.

Treat yourself to a stay at the Sanderling Resort in Duck, with views of both the Atlantic Ocean and Currituck Sound - which means you can watch the sunrise and sunset over water. With touches like a tranquility pool and evening s'more bonfires, and serving up coastal cuisine in a former life-saving station, it's a great way to wrap up your road trip in style (and rest your aching muscles).

From here, it's a two-hour drive to Norfolk, where you'll leave the crashing waves behind for ... traffic, crowds and concrete.



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See dresses that impress in AT

Fashion museum opens with Oscar de la Renta tribute

A new museum focusing on international fashion has opened in Atlanta.

The first exhibition at SCAD FASH features more than 80 Oscar de la Renta designs and opened to the public this month on the Atlanta campus of the Savannah College of Art and Design. The pieces come from the school's permanent collection and donations from collectors and celebrities who worked with de la Renta before his death in 2014.

De la Renta was a frequent donor to SCAD's collections and the natural choice for the opening, said Laurie Ann Farrell, executive director of museums and exhibitions and curator of the showing. She hopes visitors whether casual observer or de-

voted student will learn something about design.

"Everybody selects their clothes as one way of signifying their identity," Farrell said. "Even if somebody doesn't consider themselves a fashion aficionado, I think they can come in and be inspired by what different designers have done through the years.'

The pieces on display in Atlanta until Dec. 31 cover decades

The exhibition

shows more than 80 designs by de la Renta, including

gowns worn by Taylor Swift, Laura

Bush and Oprah.

of work, from a 1965 black cashmere dress with a white satin collar and waist bow to a silk colour-block gown designed by creative director Peter Copping for fall 2015 and worn at the Emmy awards by actress Maggie Gyllenhaal.

Student-docents hold iPads with information about each garment as they guide visitors through the 10,000-square-foot space, winding through curved

turing a source of inspiration for the designer. A white, mirrored room contains romantic wedding gowns and a silk-patterned dress inspired by Marie Antoinette while a nearby platform holds a gathering of black and red flamenco-inspired garments with dramatic ruffles and other flourishes.

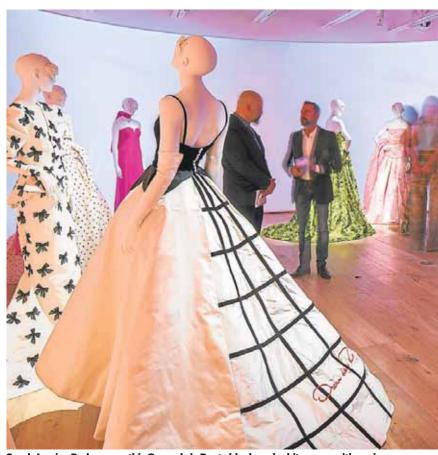
The museum gallery opens up to a film salon holding cush-

ioned ottomans and sofas facing a 90-inch screen surrounded by backlit bookshelves. SCAD also plans to hold showings and lectures either connected or not to the clothing exhibits.

"Designers are artists," Farrell said. "As a visual experience alone, I think people

can walk away with a deeper understanding of how a house evolves over time but maintains that classic elegance.'

THE ASSOCIATED PRESS



Sarah Jessica Parker wore this Oscar de la Renta black-and-white gown with a criss-cross design on the back to the 2014 Met Gala. SCAD VIA THE ASSOCIATED PRESS



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Hotels sure to pique any appetite

ON THE MOVE

Semi-private dining, diverse cultural dishes to be found

Loren ChristieFor Metro Canada

Travellers in search of great culinary destinations have to look no further than where they lay their head. Hotels across the country are ready to give you not only a great sleep but to tantalize your taste buds.

Intimate dining

Toronto's Westin Harbour Castle is home to celebrity chef Corbin Tomaszeski. The host of popular Food Network shows Dinner Party Wars, Restaurant Makeover and Restaurant Takeover, Chef Corbin has made this waterfront hotel the place to stay for foodies.

Not only has he added his unique flair to the restaurants' wellness-inspired menus, but the chef has also carved out a section of the busy kitchen



Savoury at the Westin Harbour Castle in Toronto is a 10-person restaurant adjacent to the busy kitchen. CONTRIBUTED

for Savoury, a secluded, oneof-a-kind 10-person restaurant. The semi-private location offers small groups of diners a five-course meal in an intimate and VIP setting. Dinner can be booked with one of the hotel's chefs or booked with Chef Corbin himself to discuss the preparation methods, cooking techniques, as well as the origins of the dishes. Wine pairings are also available.

Hip hangout Located in the heart of down-

town Calgary, Hotel Arts is a full-service 185-room designer boutique-style hotel that opened its doors 10 years ago.

The vibe is hip and totally sexy — the kind of place where you walk in and realize you are staying with all the fun good-

looking people.

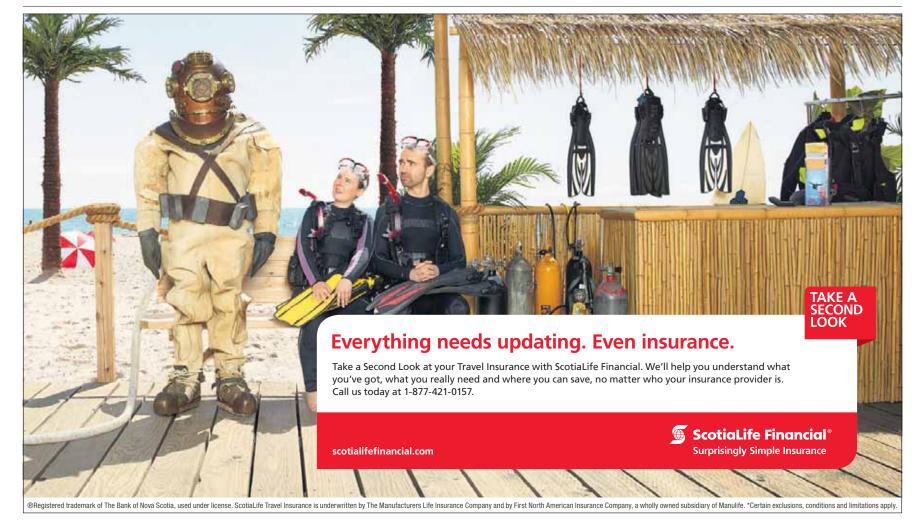
However, the real gems of the hotel are the trend-setting restaurants, which have seen local superstars like chefs Duncan Ly and Karine Moulin pass through their pantries. Together with current executive chef Jan Hansen, they have elevated this hotel to a foodie paradise.

My breakfast at the Yellow Door Bistro included Yellow Door Hash made with duck confit, soft poached eggs, roasted peppers, potatoes and Dijon sabayon. A rotation of incredible daily dishes ensures no buffet fatigue; the strawberry mint pancakes were to die for.

Locally influenced

Montreal's Hotel Le Crystal is a five-star all-suite hotel on Rue de la Montagne, two blocks from the Bell Centre and a pleasant walk to shopping on Rue Ste. Catherine.

A quick look at the menu of the hotel's La Coupole restaurant and you notice something different: from sturgeon and deer pancetta to arctic char and red elk. Using only products from local farmers and artisans the dishes reflect the old-fashioned cooking of the families who built Quebec, First Nations' traditional dishes and a dash of the immigrant cultures that shaped the province's culinary heritage. I had the crème brûlée with maple duck foie gras and the pork cheek confit. D-e-l-i-c-i-o-u-s.



Eugenie Bouchard is suing the U.S. Tennis Association after slipping in a locker room during the U.S. Open Your essential daily news

HOCKEY

Coaches seem to like new challenge option

Throughout Jonathan Bernier's career, referees have skated to him and apologized for missing a goaltender interference call in a previous game. He gets it.

"That's just part of hockey," the Toronto Maple Leafs goaltender said.

"It's such a fast game, and they can't be in great position all the time."

In the first game under the NHL's new coach's challenge system for goaltender interference and offside situations, Montreal Canadiens forward Tomas Plekanec interfered with



Ideally, if it can help us, let's do it.

Toronto Maple Leafs coach Mike Babcock Bernier. Some quick work from Leafs assistant Andrew Brewer led to coach Mike Babcock initiating the first challenge and Jeff Petry's goal being overturned.

The Blues weren't as fortunate when they tried a few days later. Teams are 2-for-5 on coach's challenges through the first week under the new system — 2-for-4 on goalie interference and 0-for-1 on offside plays.

The first impression of challenges, valid only on goals scored with potential goaltender interference or offside plays, is that it'll take plenty of goals off the board and that coaches will be aggressive in using them.

"If we think there's even a 50 per cent chance, we're going to take the risk," Blues coach Ken Hitchcock said.

THE CANADIAN PRESS



STORYLINES AT THE ALCS

The Toronto Blue Jays will play the Kansas City Royals in the American League Championship Series starting Friday. Here are five intriguing stories heading into the best-of-seven series:

THE CANADIAN PRESS



George Bell vs. Royals in 1985. THE CANADIAN PRESS/AP/CLIFF SCHIAPPA

We've seen this one before

The 2015 ALCS will be a rematch of the 1985 version, which saw Kansas City beat the Blue Jays in seven games. Toronto led the series 3-1 before the Royals clawed back to win the next three games and advance to the World Series, which the Royals ultimately won over St. Louis. Kansas City hasn't been able to win MLB's championship trophy since, and has been back to the final only once — last season.

No one wants it more

Before this post-season began, the position player with the most games played without a playoff appearance was Royals outfielder (and former Blue Jay) Alex Rios with 1,691. Toronto's Jose Bautista was second (1,403) while Blue Jays slugger Edwin Encarnacion was third (1,353). All three players, aged 34, 32, and 32 respectively, have waited more than a decade for their chance at post-season ball and none have disappointed so far. Rios is batting .286 with a couple RBIs through five ALDS games.



ALCS STARTERS

Volquez faces Estrada in Game 1 of ALCS

The Kansas City Royals are sending Blue Jays antagonist Edinson Volquez to the mound for Game 1 of their AL Championship Series, while Toronto is countering with ALDS Game 3 winner Marco Estrada.

The opening game is Friday night at Kauffman Stadium in Kansas City.

It was Volquez whose inside pitching drew the ire of the Blue Jays in early August, eventually leading to a pair of bench-clearing incidents during their game at Rogers Centre.

After the game, he called Blue Jays star Josh Donaldson "a little baby" for complaining about his pitching.

The Royals will start Yordano Ventura in Game 2 on Saturday, while Johnny Cueto will pitch the third game in Toronto. The Blue Jays will put David Price on the mound in Game 2, followed by Marcus Stroman and knuckleballer R.A. Dickey. THE ASSOCIATED PRESS

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Bad blood

Tensions ran high in a game at Rogers Centre in August. Royals pitcher Edinson Volquez hit Josh Donaldson with a pitch in the first inning, prompting home plate umpire Jim Wolf to issue warnings to both clubs. Volquez threw a change-up high and in on Donaldson in his next at-bat, then plunked Toronto shortstop Troy Tulowitzki but remained in the game. In the eighth, Toronto reliever Aaron Sanchez was ejected for hitting Kansas City's Alcides Escobar with a pitch. Benches cleared.

A Is the Price right?

Toronto manager John Gibbons shocked Blue Jays fans when he used Price — his team's prized trade-deadline acquisition — out of the bullpen to relieve R.A. Dickey with a six-run lead in Game 4 of the ALDS. The left-handed ace threw 50 pitches in that game, making him unavailable for the fifth game. Price, the 2012 AL Cy Young winner and one of the front-runners for this year's best pitcher award, hasn't necessarily been able to translate that success into the post-season.

5 Familiar faces

It didn't take Gibbons long to find a new job after he was fired from his first stint as Toronto manager during the 2008 season. He took a job as Kansas City's bench coach that off-season, working with the team until 2011. Gibbons has experience with the Royals core group, including position players Alex Gordon, Eric Hosmer, Jarrod Dyson, Alcides Escobar, Mike Moustakas and Salvador Perez, and pitchers Greg Holland, Luke Hochevar and Danny Duffy.



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Malkin ends barren run to sinks Senators

Penguins blank Ottawa as Fleury stops 22 shots

Evgeni Malkin scored his first goal in nearly seven months and Marc-Andre Fleury stopped 22 shots for his 39th career shutout as the Pittsburgh Penguins beat the Ottawa Senators 2-0 on Thursday night.

Rookie Daniel Sprong picked up the first goal of his career for Pittsburgh, which won for the first time this

Craig Anderson made 34 saves for Ottawa but the Senators failed to muster significant momentum a night after dropping seven goals on Columbus. Ottawa went 0 for 3 on the power play and rarely tested Fleury over the final



Pittsburgh's Patric Hornqvist, left, looks for a rebound on a shot by David Perron. GENE J. PUSKAR/THE ASSOCIATED PRESS

THURSDAY in Pittsburgh

two periods as the Senators lost on the road for the first time in four tries.

The Penguins came in scuffling after the franchise's worst start in a decade, managing all of three goals during an 0-3 stretch that left their stars frustrated and head coach Mike Johnston imploring them - again to shoot the puck more often. The goal was Malkin's first since March 6.

RESULTS

Capitals 4, Blackhawks 1 Islanders 4, Predators 3 Panthers 3, Sabres 2 Stars 5, Lightning 3 Canadiens 3, Rangers 0

He went scoreless during Pittsburgh's five-game loss to the New York Rangers in the opening round of the playoffs.

The Penguins' lead doubled just over two minutes later when Sprong showcased why his tryout period with the team might turn into something more permanent.

The 18-year-old secondround pick surprisingly made the club out of training thanks to his relentlessly energetic play and his first NHL goal showcased a shot that would seem to be a waste if he's returned to the junior ranks. THE ASSOCIATED PRESS

An unprecedented leap in sweeping technology threatens to dramatically change the sport of curling.

While they wait for their sport's governing bodies to catch up and impose new rules, some of the world's top curling teams say they won't use broomheads that can actually slow down, and change the direction of, a rock in motion.

It's an awkward position to take for the teams who are sponsored by the very manufacturers who make the controversial brushes.

But Olympic gold medallists Brad Jacobs is among 22 domestic and inter-

national teams who signed a statement stating they will not sweep with brooms. "Where do you draw the line?" Jacobs asked. "We've decided as a group of players to draw the line right now. It's about the integrity of the game."

When a new gadget fundamentally alters a sport, the powers that be often step in and declare it illegal in competition. Curling's top teams aren't waiting for the World Curling Federation or Curling Canada and are policing themselves. They hope other teams follow suit.

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'Win and we're in' say Redblacks Blue Javs win throw

The Ottawa Redblacks have one mindset as they prepare for their game against the Winnipeg Blue Bombers — win and we're in.

An Ottawa CFL team hasn't qualified for the post-season since 1994, when the Rough Riders lost 26-16 to the Blue Bombers in the East semifinal.

That could change Friday when the Redblacks (8-6) host Winnipeg (5-10), with a win clinching a playoff spot for Ot-

"You're aware of where you are and what your goal is, but you're trying to win every single game anyway," said Redblacks receiver Brad Sinopoli. "All that stuff, however it falls is just the way it goes. At this point we're just focused on winning."

This is the first of back-toback meetings between the two teams. For the first time in nearly a month, the Redblacks will be the better rested team.

Campbell

The Bombers last played five days ago, while Ottawa has had nine days off after a stretch of three home games in 11 days.

"It felt different that's for sure.'



Lewis excited about playing with Glenn again

Receiver Nik Lewis is delighted to be reunited with veteran quarterback Kevin Glenn. The two were teammates in 2012 and 2013 with the Calgary Stampeders and got back together when the Montreal Alouettes acquired Glenn in a trade this week.

"He was my favourite quarterback that I've played with," Lewis, who joined Montreal this season, said Thursday. "I just love his attitude and the way he approaches the

THE CANADIAN PRESS

said Ottawa defensive back Antoine Pruneau. "After a couple days of practice it seemed like the game was still so far away, but the good thing is we got some rest and guys had a chance to heal some injuries.

"But trust me we are excited to play again." Redblacks coach Rick Campbell has kept his message simple this week.

"We know there's great opportunities ahead and we want to make sure we seize those opportunities," said Camp-

"The key to it is to focus on how to get it done which is lining up and playing good football for 60 minutes and the results come with that."

Last week the Blue Bombers defence gave up over 300 yards and three touchdowns. The Redblacks also struggled defensively in its last outing giving up five touchdowns, including the game winner in the final minute of play as Toronto defeated Ottawa 38-35.

"We know we need to be better," said Pruneau. "Winnipeg was dangerous on special teams last week and we're going to need to be aware. If we stick to our assignments we'll be fine."

The Redblacks will be without running back Jeremiah Johnson, the CFL's touchdown leader, who suffered a seasonending foot injury against Toronto last week, but the Redblacks have full confidence in backup William Powell.

Powell had only been on the active roster for three games, most of that as a kickoff returner, but after taking over from Johnson in the last game Powell had 105 yards from scrimmage and looked comfortable with the added responsibilities. THE CANADIAN PRESS



curveball to election

The federal election is dealing with a late curveball hurled by the red-hot Toronto Blue Jays.

Blue Jays fans in the vote-rich 905 and 416 regions — studded with ridings that could help determine who becomes Canada's next prime minister — are certain to tune into the Jays game on Monday night while possibly tuning out the election.

The first pitch in the third game of the Jays' American League showdown against the Kansas City Royals is scheduled for 8 p.m. ET on Monday, 90 minutes before the polls close to end an election campaign that's been almost as enthralling to Canada's political junkies as the Jays post-season run has been to their sports fans.

The team's post-season games have earned huge ratings, with overnight numbers for the first three outings against the since-defeated Texas Rangers suggesting an average audience of 2.8 million for the Rogers-owned Sportsnet.

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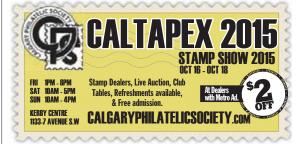
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Ceri Marsh & Laura Keogh For Metro Canada

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Ingredients

- •1 cup basmati rice · 2 chicken breasts, cut into bitesized pieces
- 1 Tbsp vegetable oil
- 1 onion, sliced
- 2 garlic cloves minced
- 1-2 tsp curry powder or paste
- 1 tsp soy sauce
- 2/3 cup of coconut milk • 2/3 cup of chicken stock
- 1 large apple, peeled and sliced

into thin wedges

- 1 cup of frozen peas
- 1/4 cup of plain yogurt

Directions

- 1. Prepare rice according to package instructions.
- 2. Brown the chicken in a bit of vegetable oil in large skillet. Add the onions and cook for about 5 more minutes. Then add the garlic and the curry and cook for another minute.
- 3. Add the coconut milk, chicken stock and soy and stir together.
- 4. Add the apple pieces and simmer for 5 minutes. Add the peas and allow them to warm through. Check to see that the chicken has cooked through.
- 5. Serve the curry over rice and top it with a bit of yogurt.

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ACROSS

 Actress/singer Ms. Maracle 6. Hosp. readout 9. Fireplace flickerer 14. "Alice" star Linda 15. Expert 16. Mediterranean island 17. Send to the House of Commons 18. 'Jag' add-on (Big spotted cat) 19. Yves Saint Laurent perfume 20. Gigantic red roadside attraction in Elm Creek, Manitoba: 2 wds. 23. He who loved Estella 24. Bemoan 25. French 'law' 26. FIFA 16, the new _ by EA Sports, features women's national teams for the first time. including Canada 35. " MacEvil' by Blood, Sweat & Tears 36. Knobby 37. End in __ (Draw) 38. 'E' in HRE. briefly 40. Variant-spelled edae tool 41. Feelings

43. Move in pro wrest-

46. Anglophones:

50. Gerard _ Borch

49. Boxing stat.

(Dutch painter)

51. Notable time

ling: 2 wds.

2 wds.

17 18 19 20 23 30 36 37 38 39 40 42 62 65 68 69

54. News, interviews, indie band airplay... Student-run oper ation: 2 wds. 60 Enthusiasm 62. Jon Jovi link 63. Advertising suffix

64. Sparkle

65. Egg mass

66. Be victorious in: 2 wds. 67. Skirt's stitched spots 68 Hmmms 69. Hayes and Connery

DOWN

1. Music notation

2. Nova Scotia's cap. 3. At all 4. Particular pudding _ days (From

Friday, when it'll be Monday) 6. This brandy's French

name means 'water

vehicle 8 President Ford latest album 10. Chart

of life': 3 wds.

7. "If I Had \$1,000,000" 9. Carly Rae Jepsen's 11 Radar signal

13. Highway exit 21. Portable dwelling of Mongolia 22. San Francisco's _ Valley 26. Pool table surface a limb 27 Go 28. Including others in on the memo 29. Fish-holding basket 30. Poetic feet 31. "_ _ Alice..." -Jefferson Airplane, "White Rabbit" 32 Befuddle 33. Madonna's actress friend Debi 34. For short in Science.. Na, Ne and Ni 39 Fare featured on #9-Down: 2 wds 42. Funny television shows 44 Kiki and Sandra 45 Surnamesakes of Peter of Peter, Paul & Mary 47. Music style 48 Madrid 'man' 51. Frittata in gredients 52. Lindsay Lohan movie, "Georgia _" (2007) 53. On the Atlantic 55. Ricky Nelson's _ Little Fool" 56. Movie director Mr. Posin 57 Mr. Carvey 58. David Bowie's wife 59. Quaker Company 61. Highlands hat

* IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20 You may suspect that someone is taking advantage of your easygoing nature but don't make a fuss about it. There is no percentage in getting angry with people who take a little bit for themselves at your expense. You can afford to be generous.

Taurus April 21 - May 21 There is an air of anticipation, as if something dramatic will happen. If you keep your head you will benefit from whatever changes take place.

I Gemini May 22 - June 21 You might like to change the world but all you can really do is change yourself. Act only from the highest of principles today and set an example for others.

Cancer June 22 - July 23 What seemed like a setback yesterday will be seen in a much more positive light today. Your attitude toward success will change. There is no reason at all to be embarrassed if you find fame and fortune.

Leo July 24 - Aug. 23 Your thoughts may be far away but you won't be allowed to neglect your duties for long. Employers will let you know in no uncertain terms if they think you are not pulling your weight.

Virgo Aug. 24 - Sept. 23 Your power to influence events is limited but why should that be a bad thing? Do you really need to change things that much? Maybe it is your perspective that is wrong.

Libra Sept. 24 - Oct. 23 If you want something enough you will no doubt find a way to get it, but you will get it quicker and easier if you start thinking in terms of cooperation rather than conflict. There is only so much you can accomplish on your own.

Scorpio Oct. 24 - Nov. 22 The people you are closest too are feeling a bit neglected. Remind them what they mean to you. But don't give up on the hard work

Sagittarius Nov. 23 - Dec. 21 Whatever you do over the next few days will be a success. It will be even more of a success if you don't worry too much about how much it is likely to cost you. Money is not an issue.

Capricorn Dec. 22 - Jan. 20 Keep your plans to yourself today. If you let slip even a hint of what you are up to those who wish you ill will find ways to make things tough.

Aquarius Jan. 21 - Feb. 19 Any doubts you had about what you should be doing with your life will disappear over the weekend. Remember: you are who you are for a reason. Listen to your inner voice. Let it guide you.

⊢ Pisces Feb. 20 - March 20 The odds are in your favour so make things easy for yourself by swimming with the tide rather than fighting against it. If someone wants to do things for you today all you have to do is let them.

CONCEPTIS SUDOKU by Dave Green

Every row column and box contains 1-9

12. Ornament-

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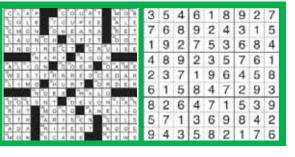
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Living a life dominated by sins is synonymous to death. It is written, "You were dead because of your sins and because your sinful nature was not yet cut away. Then God made you alive with Christ, for he forgave all our sin." (Colossians 2:13 NLT). When you confess and forsake your sins, you are alive and complete in Jesus Why don't you put the devil to shame and bid farewell to those sinful acts.



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